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**THE CHEAPEST
AND THE BEST!**

TOWIE BABY MANIA



Billie: 'I'll
be pregnant by
Christmas'

Sam: Praying for
a 'nice' labour

Ferne: 'I want
FIVE kids!'

**BAREFOOT
AT 3AM**
**X FACTOR
CAROLINE'S
BIG NIGHT
OUT**



Reveal

KERRY'S LIFELINE CALLS TO BRIAN



- He's helping her heal her heartbreak
- Friends say 'He's been fantastic'
- Giggles over a very private tattoo



WOW!

Lauren shows off her amazing 3st weight loss

TRASHED BY THEIR EXES



Newlyweds
Mark &
Michelle
facing five
months apart



Halle



Jordan



Danielle

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HOLY COW, KATIE



Katie ditched the glitz for a black cape à la Batman



Lady Gaga's come over all demure

TIME TO SPARKLE, LADIES... PLEASE!

OK, we know it's rather a dank and gloomy time of year, but why are so many of our favourite celebs wearing black?

Even Katie Price was at it – sporting a bizarre Caped Crusader-type outfit to the premiere of the *Hunger Games* on Thursday. Katie Price... in black? We never thought we'd see the day – although she did kind of make up for it by flashing her boobs and bum on the red carpet (see page 66).

The week had started ominously with the Kardashians turning up en masse in black at Kendall's 20th birthday party, looking like a group of nuns on an illicit night out. Next, the Manchester United WAGS turned up in the same sober hue at the football club's (very early) Christmas party.

Admittedly, they all looked fab – including the very pregnant Coleen Rooney – but it was all a bit un-WAG-like, and made us pine for the days of tango tans, ripped jeans and Day-Glo colours the likes of Cheryl Cole and Victoria Beckham wore in their heyday. (And, anyway, aren't you supposed to get the sparkle out for festive parties?)

Another sign that there's something in the water was when we spotted Lady Gaga looking, well, normal. What on earth has happened? Come on, ladies. As celebrities, it's your DUTY to cheer us up with your colourful wardrobes and fashion faux pas. Consider yourselves told.

Photos: Alastair Doug Peters, Eamonn & James Clarke, Getty, Rex, Sarah Turton, Splash News, WENN, Xposurephotos.com

INSIDE YOUR REVEAL THIS WEEK...



47 Ben Haenow shares his pop star makeover

40 J-Law on finally being happy



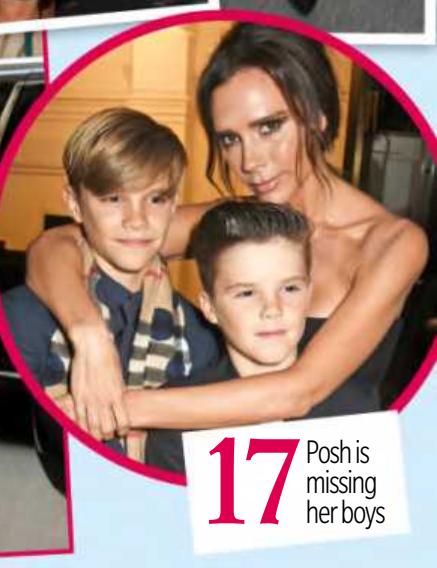
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A dodgy surgeon butchered Heidi's bum!



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Khloe's torn between James and Lamar



17 Posh is missing her boys

Kerry's lifeli CALLS TO BRIAN

Since the collapse of Kerry Katona's third marriage, supportive ex-husband Brian McFadden has stepped up to console her

They've had a pretty tumultuous relationship over the past decade, but Kerry Katona continues to be supported by ex-husband Brian McFadden in the wake of her split from her third husband, George Kay.

Last month, former Westlife singer Brian confessed he had been offering Kerry a helping hand through her difficult break-up. And now we can reveal that the pair, who separated in 2004 after two years of marriage, have continued to be in regular contact, with Brian stepping in to look after their two daughters, Molly, 14, and Lilly-Sue, 12, at every opportunity.

'Brian has spent a lot of time talking to Kerry on the phone. He's been looking after his and Kerry's kids a lot,' said our source.

'The two of them are the closest they've been since they were married. Brian's been absolutely fantastic and has offered nothing but support, because he hates to see a woman he has loved feeling this way. Kerry's future is in an unpredictable state at the moment – she doesn't know what's coming next,' our source added.

It looks like Brian's support in his ex's time of need has given the former Atomic Kitten star, 35, a much-needed spring in her step. Last week, Kerry, also mum to Heidi, eight, Maxwell, seven, and 17-month-old Dylan-Jorge, sounded more positive than we've seen her since she announced the end of her 11-month marriage on 6 October.

She got dolled up and headed out on her first night on the tiles since the split, enjoyi

dinner with friends.

'Finally getting my a*se out of the house with a few friends for a meal and drinks!!,' Kerry excitedly told fans as she posted pictures of herself in her gladrags.

She later tweeted, 'Omg, having a meal and getting out the house with true friends has really given a big boast of positive! Thank u, you know who u are!'

Continuing her positive vibes, she later wrote these uplifting words, 'When you are left with nothing but BROKEN PIECES, take them, rearrange them, and make MASTERPIECES.'

According to our source, Kerry's newfound happiness is thanks to having Brian, 35, back in her life. 'They've even had some giggles, about things like

'Brian knows Kerry's had to fight to keep the show on the road'

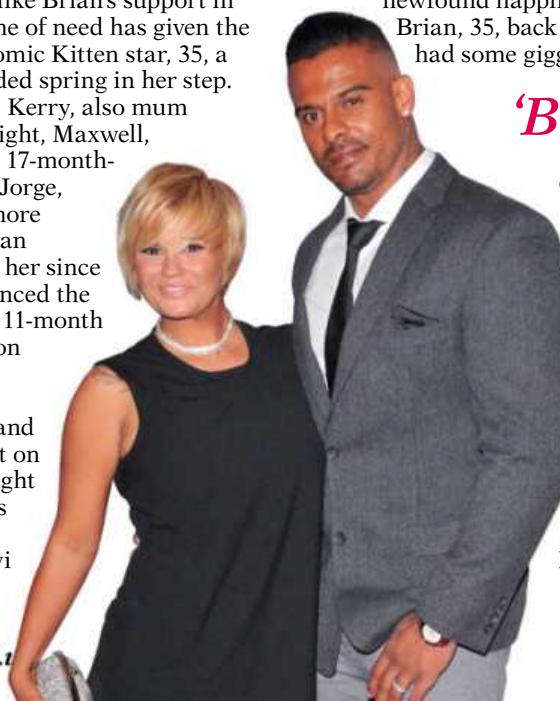
the tattoo Kerry got on her bum in honour of Brian! As Kerry puts it, having it put on her backside was probably a sign that things weren't going to end particularly well – he's even changed the way he spells his name since then!

(It used to be spelled Bryan in Westlife days.) The source continued,



'Crucially, he's apologised for the terrible things he said about her in the past. He knows now that Kerry's had to fight hard to keep the show on the road and that, with her history of mental health problems, it has been a titanic struggle.'

'In hindsight, he has a huge amount of respect for the way she has soldiered on. And with George, he genuinely wished



them the best and thought they had a shot at happiness, so he felt pretty awful when he heard they'd split.'

'Brian gave that marriage his blessing, but George was the wrong guy for her, and in the end it's just another heartbreaker to add to her collection.'

'And Kerry's experiences have shown her that Brian wasn't such a bad fella, either. She accepts that he was young and selfish, and that he's a changed man now.'

After Kerry and Brian's marriage collapsed in 2006, the pair exchanged some very public insults. In 2010, Brian,

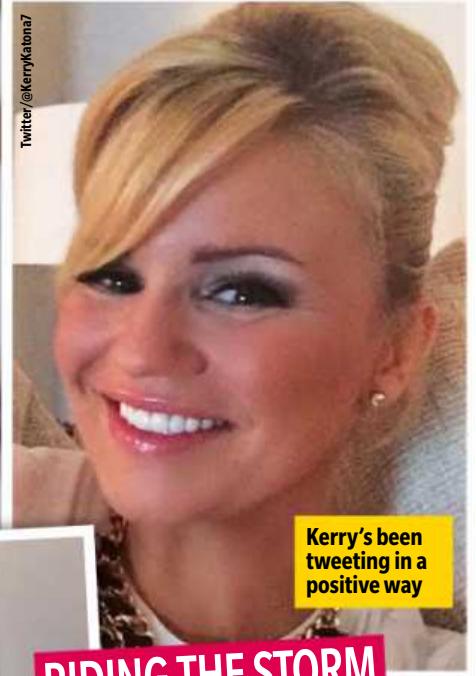
ne



For now, Kerry's just taking each day as it comes

Reveal says

'Great to see
Kerry looking,
happier again.'



Twitter/@KerryKatona7

Kerry's been
tweeting in a
positive way



Twitter/@KerryKatona7



RIDING THE STORM

who once said he knew his marriage was over before it had begun when he cheated with a lapdancer on his stag do, called Kerry a 'pig-faced mole' after she suggested he never saw his children and questioned how 'the fat one from Westlife' could leave her.

But, after years of feuding, Kerry's latest crisis has brought them together. Last month, Brian told us that his priority is to look after Kerry and their daughters. 'I'll always be here for Kerry in whatever way I can. My priority is my daughters and I want them all to have a happy life. Kerry's had a tough run, and I don't

want her or the children to have any more drama in their lives,' he said.

While they're now spending more time together than they have done since their divorce in 2006, there is little sign of them rekindling their romance at the moment, despite Kerry's strong feelings for him.

'The chances of romance are close to zero – Kerry's been so badly hurt that she's nowhere near being ready to trust anyone. She isn't hoping to get back with Brian – she just appreciates the support.'

'Right now, all she can do is live day to day, trying to heal her heartbreak. It'll be a long haul, but at least that's one fight they can put to bed,' continued our source.

They added, 'When it comes to the crunch, she'd take him back in a heartbeat if she thought that was what he really wanted. But right now, she's worried that he's just being nice to her out of sympathy.'

'Brian is still incredibly fond of Kerry, and he wants them to have an even closer relationship than they've had.'

Lisa Blake

Ex lovers ROUND ON HALLE

Actress Halle Berry's exes gloat about another failed relationship as she splits from hubby Olivier Martinez

As if going through a traumatic break-up isn't tough enough, poor Halle Berry, 49, has been stabbed in the back by some bitter exes.

A week after her split from third hubby Olivier Martinez, also 49, was announced Halle's ex-lovers started poking fun at her marital woes.

Halle was married to first husband David Justice from 1993 to 1996, and last week he reportedly launched a Twitter rant about his former wife, 'Yup. Me, Eric [Benét], Gabriel [Aubry] and Olivier were all her "Knight in Shining Armor", until it ends,' adding, 'Only the guys in the relationship with Halle know the real deal, there will be another, of course. He'll be called "The Best" until it ends.'

The rant has seemingly since been deleted and former baseball star David, also 49, has now thanked Halle 'for quashing all the rumours' about their turbulent relationship.

However, this was not before Eric Benét, Halle's second husband between 2001 and 2003, got wind of David's tweets.

Rather than stand up for his Oscar-winning ex, the singer congratulated David, 'My man at @23davidjustice is tweeting some truth dis' mornin'!'

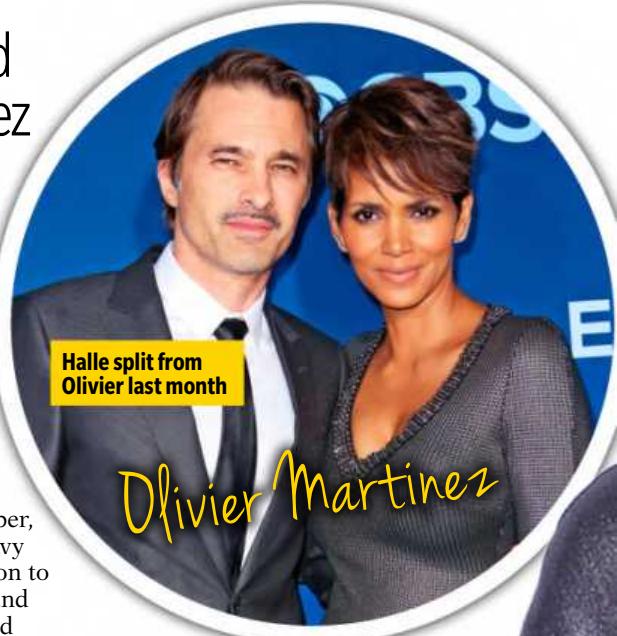
So far Halle's treated the childish behaviour with the contempt it deserves by putting on a brave face. She looked stunning, if a little jaded, as she attended events two nights in a row last week.

But in private she is bound to be hurting. Halle married third hubby Olivier Martinez – who once went out with Aussie star Kylie Minogue – in 2013 and the pair have two-year-old son Maceo together.

They announced their split in October, saying in a statement, 'It is with a heavy heart that we have come to the decision to divorce. We move forward with love and respect for one another and the shared focus for what is best for our son.'

Last week, the *X-Men* actress opened up about the split. 'I'm doing OK, I really am. I keep pushing and I'm really happy to be here because whenever you're going through anything in life, when you step outside yourself and focus on others, that's always the best remedy for any situation that you'd rather not be dealing with.'

Halle and Olivier's five-year relationship wasn't without drama. In November 2012, Halle's ex Gabriel Aubry, with whom she has seven-year-old daughter Nahla, and



Olivier got into a street fight. Gabriel, 39, needed hospital attention after the brawl and Halle is still at loggerheads with the model.

She appeared in court in July, appealing to reduce the child support she pays the Canadian model, with whom she shares joint custody of their daughter.

In January, Olivier got caught up in more trouble, accused by an airport worker of pushing him with a car seat. The worker has lodged a £3 million law suit against Halle and Olivier. It's believed that this caused major tension between them. One source said, 'He's a very macho guy and things just didn't jive.'

As for Halle's exes, it just shows that even beauty and fame can't set you up for a happy relationship.

The star, who was raised by her single mum, once admitted, 'I'm not very good at relationships – I think being without a caring father for the most important years of my life is the cause.'

Hannah Doyle



BLASTED BY THEIR EXES

KATIE PRICE

After Katie Price, 37, found love again with third husband Kieran Hayler, it wasn't long before her exes were taking potshots at her.

Just two weeks after she married her new man, Katie's former fiancé Leandro Penna, who dated the star on and off for two years, said, 'Katie's a very insecure person. I think she feels more secure and safe in a marriage.'

Not to be outdone, second hubby Alex Reid – who married Katie in 2010 – penned an open letter to Kieran and warned, 'Katie can switch things on and off. Being with Katie is like Jekyll and Hyde.'



DANIELLE LLOYD

Moving on after the break-up of a marriage takes courage, but in the aftermath of her split with husband Jamie O'Hara, Danielle Lloyd, 31, bagged herself a right wrong'un.

When her brief romance with Tom Jimson ended, Danielle found herself at the centre of a revenge porn plot as her scorned ex reportedly demanded more than £150,000 from a newspaper in return for a sex video. It's claimed that Tom told one tabloid reporter, 'It's not about the money – I just don't like her.'



MYLEENE KLASS

Myleene's been vocal about the end of her six-month marriage to Graham Quinn. But when the 37-year-old, who has three children with Graham, spoke about losing her money after not signing a pre-nup, her aggrieved ex-hubby hit back in a series of tweets, asking her to 'please explain... how I took your money' and insisting 'I lost so much money from our divorce.'



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let's feel good



Kendall Jenner and Gigi Hadid have recently been told they'll be walking down the runway for the lingerie brand



Jourdan Dunn has done the show since 2012, but won't be taking part in it this year



Victoria's Secret BUST-UP!

With models-of-the-moment Kendall Jenner and Gigi Hadid set to make their Victoria's Secret debut – Rihanna and Jourdan Dunn appear less than impressed...

This week, the world of fashion is going giddy over the gorgeous Victoria's Secret Angels returning to the runway.

Well, not everybody, actually, as there was a sour taste left in the mouths of some when best friends and 'It girls' Kendall Jenner and Gigi Hadid, both 20, were given their wings.

Kendall received the news on her birthday, making it her 'best birthday present EVER!' while Victoria's Secret posted a video of Gigi's audition, in which she burst into tears when she was given the nod.

While proud 'momager' Kris Jenner may be rubbing her hands in glee, former Angel Jourdan Dunn certainly got her frillies in a twist when she was left off the list.

She vented her anger in a Twitter rant – which was quickly deleted – branding the

undies show 'BS' (slang for b*llsh*t)

She also revealed that pop star Rihanna – who was supposed to perform at the flagship event, held this week in New York – had pulled out of performing.

'Feeling so much better about not doing BS ... sorry I mean VS, now that Rihanna isn't doing it also,' Jourdan wrote.

It's not certain whether her outburst had anything to do with Kendall. But, clearly, the 25-year-old Brit won't be pleased to be left out of the show – which she's been part of for the past three years – in favour of the newer and younger modelling muses.

It's not known if Rihanna, 27, cancelling is down to the new Angels, either, but there's no love lost between her and Kendall, who were both rumoured to be dating Formula One racing driver Lewis Hamilton, 30, this summer.

And in 2013, Kendall and Rihanna had

a #totesawks Twitter exchange. Ahead of seeing Rihanna's LA show, Kendall wrote on the site, 'If Rihanna doesn't perform *Complicated* tomorrow I'm gunna be very upset #FavSong!'

Minutes later, RiRi wrote on Instagram, 'Well don't come.' Wowza!

With Rihanna pulling out, *On My Mind* singer Ellie Goulding has been confirmed to take her slot.

It's all wings, no halo for these Angels.

Rebecca Greenow

HARRY'S ANGELS

Now Kendall's got her wings, she's making her ex-boyfriend Harry Styles' tick-list of Victoria's Secret models look impressive! Kendall dated the 21-year-old last year, and she'll now come face-to-face with his exes on the runway...



GEORGIA FOWLER, 23

Harry is said to be smitten with his rumoured latest squeeze. He apparently whisked the New Zealand-born Angel away for a spa weekend last month.

SARA SAMPAIO, 24

Harry and the Portuguese Angel were pictured hugging as they left a hotel together in June...

NADINE LEOPOLD, 21

Earlier this year, Harry was reportedly romancing Austrian Angel Nadine, before he moved onto his next!

Ferne ‘I WANT FIVE KIDS’

TOWIE's Ferne McCann talks about ditching her 'lumps and bumps' and why BFF Sam Faiers is making her ultra broody

Slapping into some seriously sexy underwear and showing off her fab figure in front of the camera, it's clear that Ferne McCann is feeling pretty body confident right now.

After a broken foot left her carrying a few extra pounds, the TOWIE star has whipped herself into shape for her By Caprice lingerie photoshoot.

Ferne, 25, tells us, 'I was in a leg brace at the beginning of the summer due to a netball injury and I put on weight from that. As soon as the brace came off, I did a trek to Machu Picchu [in Peru] and started getting back in the gym. I wanted to do it for myself because it's about how you feel on the inside.'

'At first it was totally hard to motivate myself, but I like to have a goal. I knew that I'd be doing this lingerie shoot so I was like, "I need to get back in shape."

Ferne has now dropped a dress size and works out three times a week with her personal trainer, doing boxing, weights and a spinning class. 'I went up to a size 12 but I'm a comfortable 10 now. I'm happy with that.'

Though the reality TV star admits that just like the rest of us she has her body hang-ups, 'I don't know if you can ever be 100 per cent happy with your body and I feel like I need to tone up more.'

'Everyone's got their little lumps and bumps that they want to get rid of. For me, squats and body brushing are really good for cellulite as well as drinking a lot of water.'

'But if I'm honest, I am feeling body confident and I'm



Ferne got back in shape to model lingerie





happy with my curves. My bum's my favourite, it's pert and everyone always compliments me on it.'

Being on *TOWIE* means Ferne has a lot of people looking up to her, and she's making sure she sends out a healthy message to her fans.

'We are all different shapes and sizes and I say, "Be yourself, accept what body shape you are." I don't want to be stick thin and I love my curves. I'm not saying I'm big, but not everyone's a size zero,' the Essex girl says.

She is currently single after a showdown with Liam 'Gatsby' Blackwell on the ITVBe show recently. Ferne thinks he threw his toys out of the pram because she realised that there was no spark between

about Katy Perry's ex are brushed aside in our chat. But she does have her sights set on another superstar already.

'I just love Zac Efron! He's got buff and he's a man now. I like James Franco, too,



'Seeing Sam and Billie makes me really broody'

them after a couple of dates.

'It's all a bit ridiculous really. I think his ego is bruised and maybe he's feeling a bit bitter. I'm sorry that it didn't work out, it's a real shame because I wanted to be friends with him. I loved going out but romantically it wasn't there for me and he's being a little arsey about it.'

Ferne's been linked to Russell Brand for the second time of late, though questions

I like that he's funny and articulate. I need someone who can make me laugh and someone who can stimulate my mind,' she says.

And it looks like Ferne could be moving in the same circles as these Hollywood hunks soon. She's already bagged her first acting role and though she can't say too much about it, Ferne is super excited about her career move.

'When you're on [a] reality [show], people don't take you very seriously. As much as we love the shows, it's like they are people's guilty pleasures. So I would love to get into serious acting and be taken seriously for my talent. Watch this space!'

Ferne has also found time in her hectic schedule to model the latest By Caprice lingerie and home range. The *TOWIE* star explains, 'I love Caprice [the former model]. I told her I was single on this shoot and she was like, "Babe, we totally need to set you up with one of my eligible bachelors." She's trying to hook me up!'

A new man could be perfect timing for Ferne as her BFFs are making her mega broody. Sam Faiers is expecting her first child in January and sister Billie is already mum to one-year-old Nelly.

'There seems to be a real baby boom in Essex right now,' she says.

'I love hanging out with Billie and Nelly and obviously it's really exciting with Sam being pregnant so, yeah, it does make you broody. I've always wanted a big family – like, five kids. But I haven't even got a boyfriend so I'm not in that situation right now.'

Hannah Doyle

By Caprice Home and By Caprice Lingerie collections are available now at House of Fraser, very.co.uk and lookagain.co.uk



Billie Faiers

I WANT TO BE PREGNANT BY CHRISTMAS

As one of the first babies to feature on *TOWIE*, little Nelly has been used to hogging the limelight. She's even got the gorgeous Pete Wicks wrapped around her little finger.

But she may soon have competition, as her mum Billie wants to add to her family with fiancé Greg Shepherd ASAP.

And she had better get her skates on, because her target date is nearing quickly!

'Ideally, I'd like to be pregnant by Christmas,' says Billie, 25. 'I want my kids close in age, like me and [my sister] Sam are.'

She adds, 'Nelly's growing up too fast and I keep saying to Greg, "I miss the baby stage and I

really want another one."

'I know that, to other people, Nelly's still a baby, but to me, she's not, she's like a toddler. I do love having a newborn.'

While businessman Greg and Billie have been engaged for 18 months, they haven't set a wedding date yet, and babies are the priority. And now that younger sister Sam is expecting her first baby, Billie might not be far behind. Greg is totally up for having another one.

She recently posted a cute picture of Nelly kissing Sam's bump, writing, 'Little lady kissing auntie's bump. She can't wait to meet her baby cousin.'

Maybe Nelly will be kissing her mummy's tum soon, too!



Nelly kisses auntie Sam's baby bump!

WE'VE PICKED BABY NAMES!

They've been together just over a year and Georgia Kousoulou and boyfriend Tommy Mallet have already discussed baby names!

'I want two boys – Frankie and Freddie,' says Georgia. 'If I had a girl, she'd be a little princess Essex brat. She'd be like, "I want a blow-dry, Mummy!" I couldn't deal with that. Can you imagine two boys, though? Three of them, all nutters!'

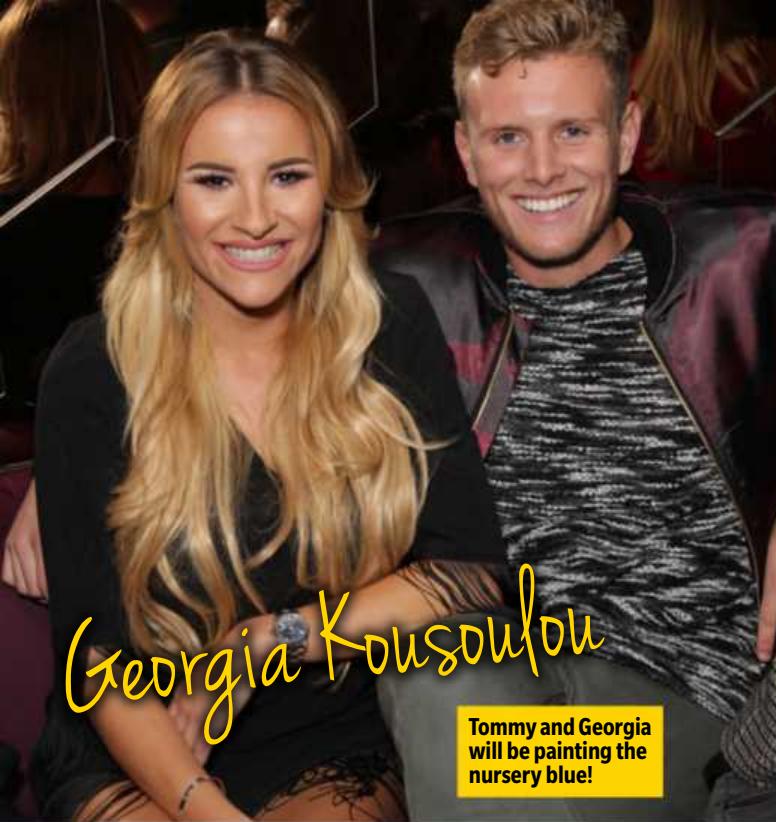
Tommy is broody, too... kind of. 'Georgia only wants a boy. I want a boy so I can dress him – a mini Mallet.'

While Tommy, 23, and Georgia, 24, haven't started trying for a baby yet, they are talking marriage. And, when the time comes to start a family, Tommy thinks his girl will be a great mum. 'When I'm ill, she brings me milkshakes and stuff like that; she always looks after me,' he says. Awwwww!



Lydia Bright

Lydia wants a big brood with soulmate Arg



Georgia Kousoulou

Tommy and Georgia will be painting the nursery blue!

TOWIE'S BABY BOOM!

Enough partying – all these broody TV stars have got babies on the brain

I CAN'T WAIT TO BE A MUM

Lydia and boyfriend James 'Arg' Argent have been on and off more times than we can count. After another rocky patch, the childhood sweethearts rekindled their love again last week – and the romantic reunion could mean we soon hear the patter of tiny feet.

While the pair have made no secret of their desire to tie the knot, it seems they are happy to do some baby-making first!

Lydia, 25, told us, 'Having a baby before marriage doesn't bother me. Like any girl, I can get broody.'

And it seems the couple want a bigger home, for a nursery. 'James was going to move into my house this summer but we've realised it's not big enough,' she says. 'We'll buy a bigger home together next year.'

Lydia adds, 'I grew up looking after babies. I'm a big sister to six siblings and my mum's a foster carer. The youngest is eight so I help out a lot – I'm getting in a lot of practice!'



Laidback Sam is staying positive about the birth

Sam Faiers

BEING A MUM MEANS EVERYTHING

Her baby is due in January and Sam Faiers can't wait to be a mum. 'All I want for Christmas is a nice labour,' she says. 'Becoming a mum means the world to me. I've had a lovely pregnancy, so I'm going to have a lovely birth – I think you have to go in with that attitude. I'm really positive and I'm visualising good things.'

The former *TOWIE* star is expecting her first child with partner Paul Knightley – but she's not stopping at one! 'I know it will change my life, but I'd love a big family,' she confirms. 'I don't have a plan, but it'd be nice to have kids close in age, in school together.'

Her little one will be a cousin to Nelly, the baby of Sam's sister Billie. The two sisters are very close. 'I love my beautiful little niece so much. Not long now until she has a little cousin to play with,' she recently wrote on Twitter. Sam, 24, has also been tweeting asking for baby book recommendations ahead of the birth. 'I want to be prepared,' she explains.

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'I'll put my body before babies'

Lauren Goodger is putting her plans to start a family on hold as she throws herself into her diet and fitness regime

Earlier this year, Lauren Goodger posted a picture of a stunning pregnant model and gushed about how she couldn't wait for the 'unconditional love' motherhood brings.

But fast-forward six months and three stone lighter, newly svelte Lauren, 29, confesses she's not ready to lose her new, killer bod just yet – and looking as fab as she currently does, we can hardly blame her!

Yet, not everyone is as pleased with her resolution to put her bod before babies...

'MY FRIENDS ARE ALL PREGNANT'

The former *TOWIE* star-turned-entrepreneur reconciled with her on-off boyfriend of two years, Jake McLean, 26, last week, and she admits he's keen to start a family imminently.

'Jake is always saying, "I want kids, I can't wait to have kids." I'm like, "Babe, not yet,"' Lauren tells us when we catch up with her at lingerie brand Boux Avenue's launch event at their new London Oxford Street store.

'I think he wants to lock me down. That is not happening right now. I'm feeling very strong and independent.'

Meanwhile, Lauren jokes that she'll be living 'vicariously' through her friends, who she says are 'all pregnant'.



'All of my mates are pregnant, it's mad. I can't wait to have kids, but I'm working really hard at my training right now, so no way,' she laughs.

One such friend is fellow former *TOWIE* star Cara Kilbey, who's six months' pregnant.

'I said to Cara the other day, "If you're having a girl, I'm taking her shopping and teaching her how to pout,"' Lauren tells us.

'ALL I EVER DO IS EXERCISE'

Ditching her trademark bodycon dresses and mini skirts, Lauren rocked a more sophisticated look at the bash last Wednesday night, and it's clear her lifestyle overhaul is certainly paying off.

On her fitness routine, she tells us, 'I've just been throwing myself into training. I've been really boring lately. I don't go out – I don't do anything! I just exercise and that's it. I'm back into shape and feeling really good.'

On gaining her perfect figure after years of yo-yo dieting, Lauren adds, 'I know where I want my body to be. I'm a woman, and nothing's ever perfect for us!'

'There's always something to improve, and that's a real drive for me.'

Lauren Hill-Roger

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Posh is missing HER BIG BOYS!

The fashionista has 'empty nest syndrome' as David and Brooklyn travel abroad

She has spent months away from her family over the past four years, launching her clothing collections around the globe, but the tables have turned for Victoria Beckham as she is faced with a home depleted in numbers.

The fashionista has found herself at a loose end lately as her husband David has been busy putting plans into motion for the filming of his new BBC documentary *David Beckham: For The Love Of The Game*, and her eldest son Brooklyn has been making regular trips to Paris to see his girlfriend Sonia Ben Ammar.

'Victoria is a bit young to be suffering empty nest syndrome, but suddenly her life seems to be changing pretty fast,' a source told us.

'David's travelling so much more now, and with Brooklyn's heart in Paris – and him travelling there at every opportunity – it's hard enough. Victoria is incredibly proud of him but, like any mum, he'll always be her little baby. She misses them in a way she never did before. She has virtually lived



Romeo (left) made Victoria and brother Cruz proud at the Burberry ad premiere last week

out of a suitcase for half her life – she never expected to feel this way. It's like homesickness, but her home is the thing which is moving around all the time,' they added.

Last month, the BBC announced they were commissioning David, 40, to film a documentary about playing soccer in seven different continents with his best friend Dave Gardner following the success of his 2014 documentary filmed in Brazil, *David Beckham Into The Unknown*. The retired footballer is also rumoured to be travelling to Miami soon to discuss a proposal to build a sports high school at a new football stadium and launch a new team.

Victoria's also feeling down about Brooklyn spending so much time away from home with his girlfriend French model and actress Sonia, 16. The couple were recently pictured cosying up together at the Hollywood Bowl.

And their busy diaries have been tough for Victoria, 41, to contend with. 'She misses them a lot. Ultimately, all she can do is let it go and accept she can't control everything,' our source said.

Friends say she is focusing on work and staying fit to keep her mind off it. 'She is dealing with it the way she always



Instagram/davidbeckham
David's been travelling the world, tasting interesting dishes like this plate of cod fish sperm in Japan

does, getting her head down and working harder,' said the insider.

Last week, the former Spice Girl was pictured with her other sons Romeo, 13, and Cruz, 10, at the Burberry advert premiere which model Romeo stars in. David, Brooklyn and the couple's four-year-old daughter, Harper, stayed away from the limelight.

Victoria tweeted, 'So proud of Romeo! He looks so handsome in the @burberryfestive film. Thank you #christopherbaileyx vb.'

Lisa Blake



Instagram/davidbeckham
Brooklyn's spending lots of time in Paris with girlfriend Sonia



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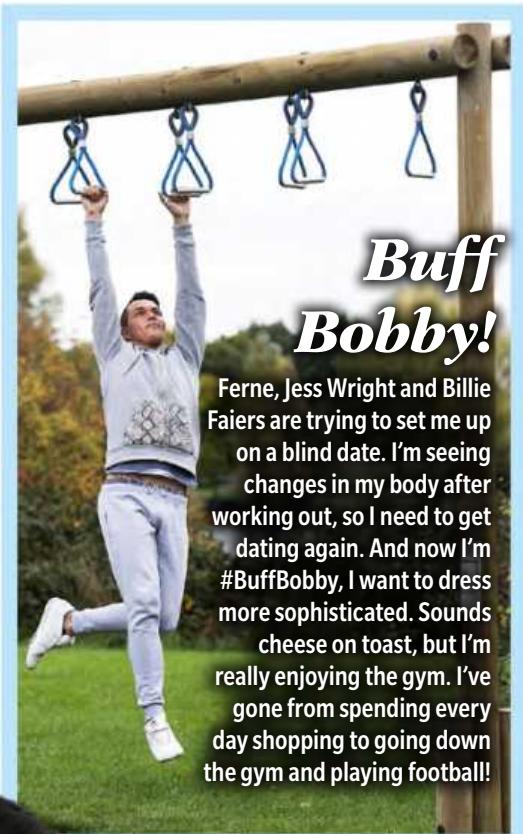
YEEZUS, LIAM!

I had to laugh at Liam 'Gatsby' Blackwell, who recorded a rap last week. The lyrics include, 'I took her on a 'copter on our first date,' so everyone's assuming it's about Ferne McCann, although he says it's not...!? I'm not sure if Liam's planning to release it – maybe he thinks he's the Kanye West of Essex!



Kendall Jenner looked 'WOW' at her 20th birthday party. She can do no wrong in my eyes. If she lived in Essex she'd be my BFF. And she shouldn't be miffed about her sisters also wearing black to her party. They must have a WhatsApp group

where they all discuss their outfits – it's like me and the girls in Essex, we're all on WhatsApp asking, 'What you wearing tonight?'



Buff Bobby!

Ferne, Jess Wright and Billie Faiers are trying to set me up on a blind date. I'm seeing changes in my body after working out, so I need to get dating again. And now I'm #BuffBobby, I want to dress more sophisticated. Sounds cheese on toast, but I'm really enjoying the gym. I've gone from spending every day shopping to going down the gym and playing football!



RIP Lewis & Nicole

It's all gone Pete Tong with Lewis Bloor and Nicole Bass. He turned up at hers, they had words, then he took another lady to Sheesh restaurant. That's a massive no-no for anyone from Essex – you DO NOT want to be pied for someone who's then taken to Sheesh! So, it's fair to say that Nicole and Lewis are dead in the water. I don't know the other girl from a bar of soap, but Lewis tagged a pic of her on Insta (right).



BRIDGET JONES OF BRENTWOOD

I'm so excited about the new *Bridget Jones* movie. Last year there were pix of Renée Zellweger looking totally different, and there were reports it was down to surgery [which Renée denied], but she's pretty much got her old look back now. I also hear Bridget doesn't write in her diary any more, it's an iPad now. Bridge don't need a biro, the girl is in the 21st century, haha. As a forever singleton, I can feel Bridget's pain but, if she's got a bun in the oven and found herself a man in the new movie, there's hope for me yet!

Missed last week's column?
Check out reveal.co.uk

Caroline looked sleek at the start of the night with co-presenter Olly...



... but she was later spotted leaving with singer Ben Haenow



DROWNING THEIR SORROWS?

X Factor presenter Caroline Flack looks worse for wear after a night out with the talent show's stars

She gained the nation's hearts when she won *Strictly Come Dancing* last year, so there were high hopes for Caroline Flack making a big impact as one of the new *X Factor* hosts.

But the show's falling ratings and fans' incessant critical comments about the star and co-host Olly Murs' presenting skills tell a different story – and Caroline is feeling the heat.

'She's been really upset by how badly the first shows have gone – and the public slagging off her performance in front of the cameras,' a source told us.

They added, 'The big issue behind the whole thing is that she and Olly were given a stern telling-off by the show's producers about their ropey performance in front of the camera.'

Last week, Caroline, who has taken over long-standing host Dermot O'Leary's role on the ITV show with her good friend and former *Xtra Factor* co-host Olly, was pictured looking worse for wear as she left London's Grosvenor House Hotel with former *X Factor* winner Ben Haenow, 30.

Barefoot and sporting dishevelled hair, the blonde bombshell looked a far cry from her usual preened self. She had enjoyed her evening at the Music Industry Trust Awards, where show boss Simon Cowell had bagged an award for 'outstanding contributions to the UK music

and entertainment industries and many charitable causes'.

X Factor judge Cheryl Fernandez-Versini, and ex judge Louis Walsh, plus the four remaining members of One Direction, were among those paying tribute.

Before heading to the event, Caroline took a seductive selfie in front of a mirror and posted it alongside a party popper emoji on Instagram with the caption, 'Party time, excellent'. She also uploaded a picture of her and Olly during the night, writing, 'Such a fun night celebrating the boss man!!!!'

Her party-lifestyle – including a celebration for the launch of her autobiography, *Storm In A Cup*, last month – is a crucial factor in Caroline's fun-loving persona, but her liveliness is also said to have rocked the boat with producers at ITV.

'Caroline and Olly have been accused of having too much fun on set and goofing around. The rehearsals are so important and Simon and the producers feel Caroline and Olly aren't focused enough, and that's shown in their live performances,' our source continued.

While some fans took to Twitter to praise the pair's natural on-air style last

week, others criticised the 35-year-old and singer Olly for the way they come across on air.

'This new *X Factor* set-up is absolute car crash TV. And Olly and Caroline are doing a terrible job presenting,' one said. Another commented, 'Caroline Flack and Olly Murs keep fighting for the last word. I miss Dermot.'

And it seems that Simon, 56, has put his foot down on the duo's playful behaviour.

'Simon has been on the warpath and told them in no uncertain terms, "Start taking this seriously. This is not a holiday camp."

Simon also thought Caroline would win over more male viewers and really deliver for him – but now he's not so sure,' said the insider.

Simon's rant comes after *The X Factor* was thrashed in the ratings by rival show *Strictly Come Dancing* again last week.

The opening live show had its smallest audience since 2004's first episode, with just 5.6 million viewers, trailing behind *Strictly*, which attracted a whopping 9.4 million.

To add insult to injury, BBC1's *Antiques Roadshow* beat *The X Factor*'s results show, which saw live performances from Little Mix and Ellie Goulding, in the ratings the following night.

However, it's not just Caroline and Olly who are facing Simon's wrath over



Is Rita a diva?



the show being trounced. Our insider revealed that fellow judges Rita Ora, Nick Grimshaw and Cheryl have also been told to pull their socks up.

'Simon thinks Nick comes across as false. He's pulled him aside and said, "Look, just be yourself, that's what people want. You're trying too hard and it's showing up in your performance,'" explained the source.

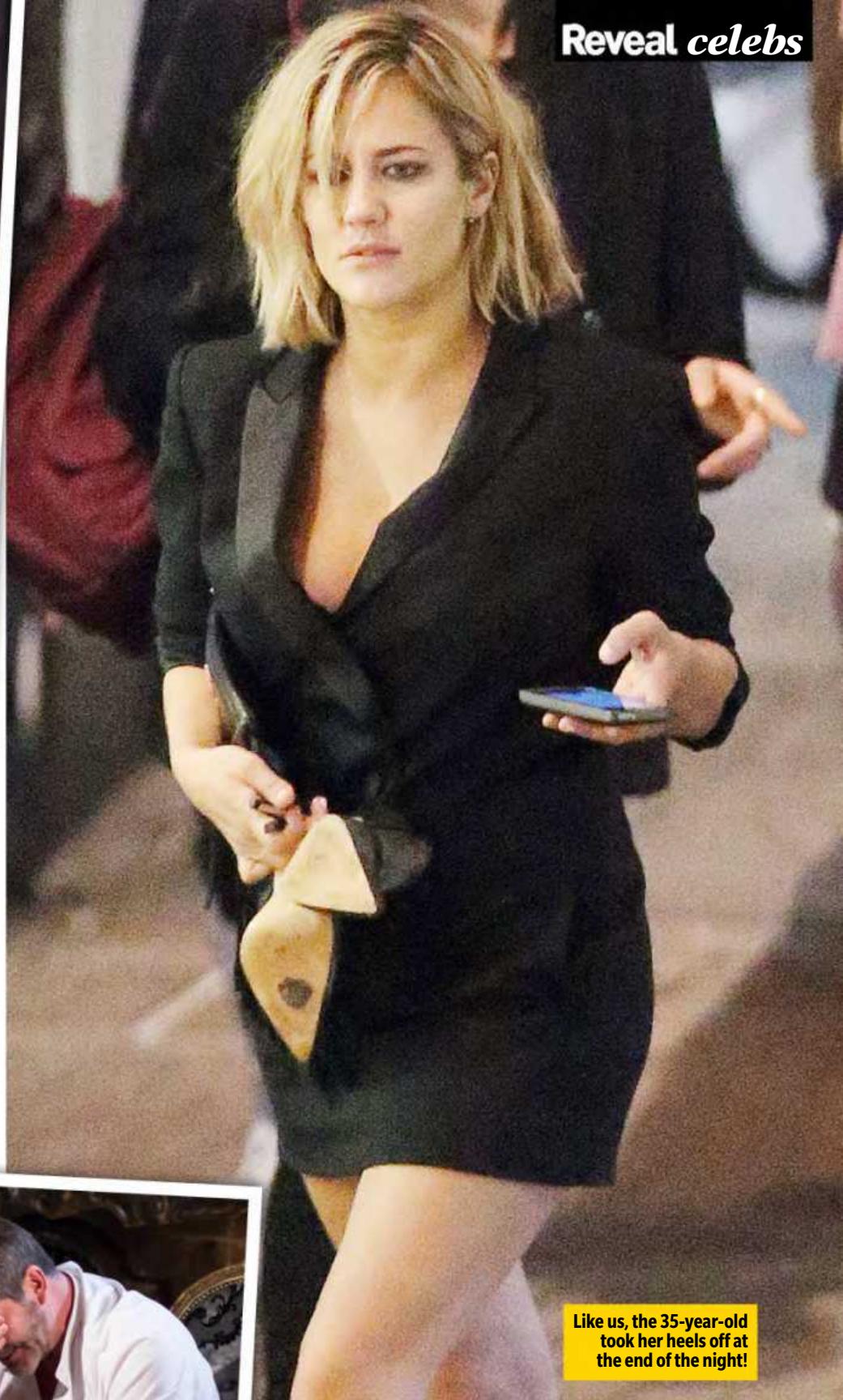
They added, 'And the whole love affair with Rita Ora is going cold, too. Simon was totally lavishing her with compliments and attention during the auditions but, in the past couple of weeks, he's been moaning about how Rita seems to think the whole show is about her.'

'He says she's the biggest ego he's had on the show since Sharon [Osbourne], and is more interested in her image than how she's coming across on the TV.'

Meanwhile, Simon is also said to have had late-night crisis phone calls with Cheryl about ways to halt the plunging ratings.

Maybe the solution is to bring Louis Walsh back after all...

Lisa Blake



CAROLINE FLIRTS WITH NIALL

Never mind Harry Styles, there's another member of One Direction Caroline's got her sights on now!

The X Factor host was all over Niall Horan, 22, at Simon's party last week, according to onlookers.

'These two were the life and soul of the party. Cazza even looked disappointed at the end when he left to head off to a club - she was

hugging him tightly and kissing him on the cheek,' we're told.

Caroline's been single since she split from Jack Street for a second time this summer, but it looks like the age gap between her and Niall could put a dampener on things.

According to another party-goer, Caroline joked to the 1D star, 'I'm old enough to be your mother!'



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IT'LL BE tough being apart



Cuddling up in a London taxi... aww!

As Michelle Keegan plans to jet off to Africa for five months, she admits her relationship with new husband Mark Wright will be under a lot of pressure...

They've been inseparable since tying the knot back in May, but now Mark Wright and Michelle Keegan face a very testing time in their relationship, as they are soon destined to be apart for five long months.

The couple will spend the second half of their first year of marriage leading separate lives. Former *Corrie* star Michelle jets to Kenya to start filming BBC One drama *Our Girl* in January – she will play the lead character Corporal Georgie Lane.

And Michelle is fully aware that the distance and length of time apart will undoubtedly put pressure on her marriage to former *Strictly Come Dancing* star (and *TOWIE* hunk) Mark.

'I'm out there for a long time. Obviously, I'll miss him, and I'll miss home. But it's my first job working away properly, and I'm just excited for the challenge,' she recently said.

Michelle added that, although the pair plan to meet up during filming, nothing's set in stone.

'If Mark can come out, he'll pay me a visit. It'll be tough but

worth it,' the 28-year-old said.

The loved-up pair have no plans to jet off for a romantic holiday before filming kicks off. A downcast Michelle recently said, 'I'm filming from January to May, so I'll be away for a long time.'

However, while time apart, especially in the first year of marriage, isn't an ideal situation for any couple, Michelle has revealed she plans to keep in touch with her husband via social media.

'Family-wise, I do Skype and WhatsApp,' she said. Mark added, 'There are always flights I can get to see her, so it'll be fine.'

It's not the first time the couple will have spent time apart.

Last month, Michelle left their marital home in Essex to tour the country, promoting her Lipsy clothing range.

It was obvious how much Mark, 28, missed his wife – on her return, he welcomed her



home with a gorgeous bouquet of red roses.

Michelle posted a picture of the flowers on Instagram, captioning it, 'Just because...#welcome home.' They also headed out on a date night, with Mark posting a picture of

the two of them in the back of a black cab. He wrote alongside the loved-up snap, 'London #blackcab #tipsy #party.'

Mark was evidently over the moon to have Michelle back. The following day, he posted a romantic pic of himself and his wife. 'Nothing better than having a nice kip in a #westminsterbridge hotel and walking out in the morning to Big Ben and the

London sights,' he wrote alongside the selfie.

They also experienced time apart when Mark was training for *Strictly 2014*, and he admitted it had been a struggle.

'It's difficult, we're both very busy. I'd like to see her every day, but we can't, so we try not to let it pressure us.'

Keep up with the big romantic gestures, Mark, and we're sure all will be fine!

Lisa Blake



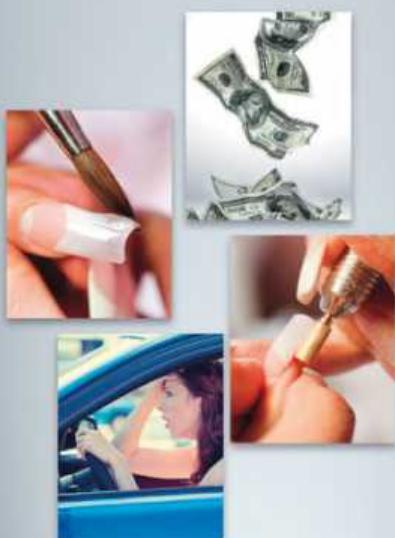
Mark said it with flowers when Michelle came back from her Lipsy tour



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TORN BETWEEN *James and Lamar*



Instagram / @harden13

After spending the week flitting between estranged husband Lamar Odom and boyfriend James Harden, Khloé Kardashian faces a tough decision

Following Lamar Odom's terrifying collapse at a Nevada brothel last month, Khloé Kardashian was inundated with well wishes from fans, many urging the *KUWTK* star to give her troubled ex-husband another chance.

And, just a week after rushing to his hospital bedside, Khloé seemed to have taken their pleas to heart, as her lawyer, Laura Wasser, filed papers to put their divorce on hold, and 'momager' Kris Jenner reportedly began planning an elaborate on-screen reconciliation.

But this modern fairytale ending has a major hitch – Khloé, 31, has already found another Prince Charming in NBA player James Harden, and now appears to be torn between the two men in her life.

CROSSING TIME ZONES TO SEE JAMES

After sidelining their divorce plans and vowing to take care of former pro basketball player Lamar, 35, Khloé reportedly called time on her three-month romance with fellow baller James, 26, whom Lamar was said to be 'uncomfortable' with her dating.

James then posted an Instagram video of him rapping the lyrics, 'You do what you want' – a message most believed was meant for Khloé.

But, on Wednesday 28 October, Khloé flew over 1,000 miles to watch James' team, the Houston Rockets, play, confirming the fact that their romance is very much back on.

In fact, a source is now reporting that their relationship was never off.

'Khloé and James never broke up. He's been so understanding, and he

knows Khloé's love for Lamar is deeper than most people can understand,' the insider said.

In a *People* interview, held before Lamar's collapse, Khloé herself added, 'James has been great with me, and I'm just allowing everything to unfold. If it's ever too overwhelming [for him], then I understand that as well.'

BACK TO LAMAR'S BEDSIDE

Just three days later, Khloé was seemingly back by Lamar's bedside, tweeting 'Happy Halloween' alongside a picture of a plastic pumpkin taken in what looked like a hospital room.

She released a statement recently reading, 'It's not even in our brains to think about us having a relationship. Only time will tell.'

Reports have suggested that Lamar could be released from Cedars-Sinai Medical Centre, Los Angeles, within days, but it's clear the 6ft 10in star still has a long journey to recovery ahead, and the former basketball player is reportedly in denial about his alleged addictions (a blood test taken after his collapse is said to have tested positive for cocaine).

'Khloé told Lamar that, after he's released from hospital, he'll need to go to rehab for substance addiction, but Lamar's response was "No way."

'He's still insisting he doesn't have a drug problem,' a source told a US publication.

Lauren Hill-Roger



IS THAT YOU, BEN?



An unrecognisable Ben on set in Georgia, USA

He's only just finished playing the super buff superhero Batman but there's nothing heroic about Ben Affleck's new look.

With a bit of a belly and some unsightly greasy hair, the former Hollywood hunk has taken some time out from the gym and allowed his physique to slide.

Pottering around on the set of another new movie, 43-year-old Ben has also shaved off his beard and, to be honest, we're not really vibing his new look. Let's hope it's temporary!



KESHA GETS CHEEKY

Three cheers to Kesha for showing off her fab healthy figure in these badass white hot pants!

The *Blow* singer, 28, slipped on a pair of revealing shorts which flashed more than a little booty for a meeting in California last week. Cheeky!

Teaming the hot pants with a loose-fitting jumper, Kesha looked the picture of health as she made her way to a lunch meeting.

It's great to see her looking so good. The singer's been open about battling an eating disorder in the past and, opening up this summer, said, 'There was a lot of not eating – and I started to think being hungry to the point of feeling almost faint was a positive thing.'

She had a spell in rehab in 2014 and added, 'I went to a specific eating-disorder rehab site where a nutritionist taught me that food is a positive thing for your body.'

'I realised being healthy is the most important thing I can do for myself. Now, I'm trying to embrace the skin I'm in.'

MLEY'S AT IT AGAIN

Just when we thought we'd seen all we possibly can of Miley Cyrus', um, assets, the US star goes and whips her bangers out once again!

Papping herself in bed with her new rescue dog Milky, Miley had no qualms about the fact she was naked and shared the snap online, simply covering her bare nipple with a heart emoji.

The 22-year-old singer, whose current album is called *Miley Cyrus & Her Dead Petz*, captioned the snap with a heartfelt message about animals. She wrote, 'Compassion for animals is intimately connected with goodness of character. It may be confidently asserted that he who is cruel to animals cannot be a good man.'





Kimberley stars as Jovie in the festive show, Elf: The Musical

GIRLS ALOUD REUNION!

Gorgeous stars Cheryl Fernandez-Versini and Nicola Roberts turned out to support their pal Kimberley Walsh in her new West End production.

In a mini Girls Aloud reunion, Cheryl and Nicola, 30, looked stunning on their night at the theatre, with Cheryl, 32, opting for monochrome and Nicola choosing an autumnal plum dress.

Mum-of-one Kimberley is starring in *Elf: The Musical*, based on the 2003 Will Ferrell movie, and her bandmate besties loved her performance. Cheryl took to Twitter to coo, 'So proud of you @KimberleyJWalsh you were amazing!!!! Congrats to all the cast and crew great job#elfthemusical'

Post-show, 33-year-old Kim ditched her elf outfit and slipped into a stunning floor-length red gown to party with her girls. Gorgeous!



Something Kinda Ooooh!
Nicola and Cheryl supported Kimberley



Stunning Kimberley with Nicola at the Elf after-party



Corrie's Kym and fella Matt order their post-party takeaway...

KYM'S FAST FOOD FEAST

Dating a personal trainer obviously has its perks, as Kym Marsh and her PT boyf Matt Baker, 26, have proved.

The *Corrie* star, known for her love of hitting the gym and posting snaps of her toned bod online, has been spotted allowing herself a little treat on a night out.

Attending the launch of a new Manchester restaurant with Matt, 39-year-old Kim looked stunning in a tight leather skirt. But they can't have fed her much, as she tottered into a fast-food joint to pick up a pizza and some chicken at the end of the night. Attagirl!

Hannah Doyle



... and the pair soon tucked in





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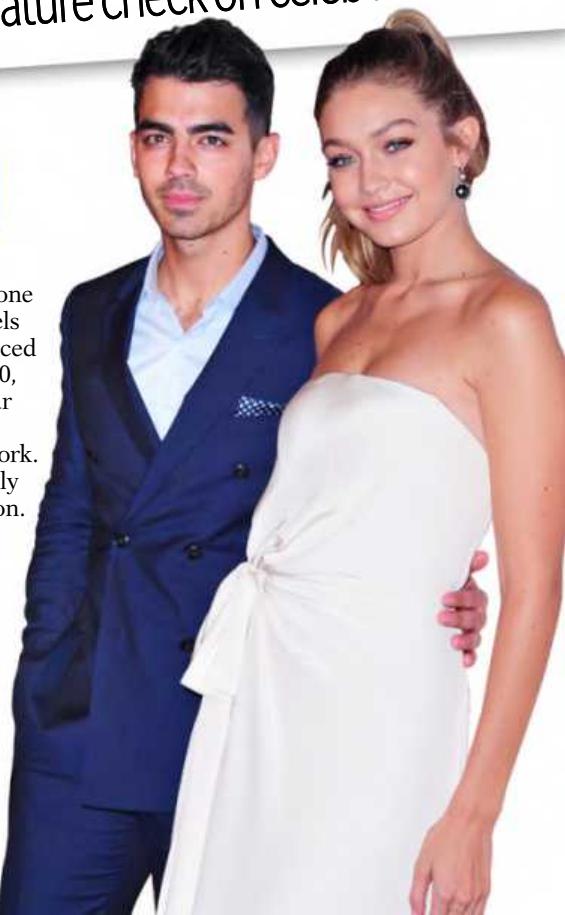
GIGI & JOE CASUALTIES OF WORK

BFFs with Kendall Jenner and one of the most-sought after models of the moment, newly announced Victoria's Secret Angel Gigi Hadid, 20, has reportedly split from her pop star boyfriend Joe Jonas, 26, as insiders claim she wants to concentrate on work.

'Joe and Gigi's relationship recently ended,' a source told a US publication.

'Nothing serious happened. It wasn't a dramatic break-up. It was just hard to make it work with their schedules. They will definitely remain friends.'

They first met at the Grammy Awards when Gigi was just 13 years old, and Joe asked her to a football game. She turned him down at the time, and it looks like she's left poor Joe heartbroken once again!



BRAD & ANGELINA INSIDE THEIR MARRIAGE

Hollywood's golden couple may be notoriously private but, in a rare interview on *The Today Show* last week, Angelina Jolie and Brad Pitt shared the secrets of their successful marriage – and there wasn't a dry eye in the house!

For the first time since Angelina, 40, had surgery to remove her ovaries in March this year (after blood tests showed signs of ovarian cancer), the brave couple, whose new film, *By the Sea*, is released in the US this Friday, talked about her eight-year battle against the life-threatening illness.

Brad, 51, gushed, 'There was no vanity to my wife's approach. It was mature. She was doing it for the kids, and she was doing it for her family, so we could be together.'

Touchingly, Angelina said of Brad, 'He made it very, very clear to me that what he loved, and what was a woman to him, was somebody who was smart and capable and cared about her family.'

'I knew through the surgeries that he was on my side and I wasn't going to feel like less of a woman, because my husband wouldn't let that happen.'



ALEXA & ALEX #RELATIONSHIP GOALS

Model couple alert! If Alexa Chung wasn't already giving us major #fashiongoals, this PDA (above) is bound to bring out the green-eyed monster in most of us.

Alexa, who turned 32 on Thursday, and her *True Blood* boyfriend Alexander Skarsgård, 39, who have been dating since February, were spotted on a romantic date in New York last week. Judging by her gaze, we'd guess the British model/presenter is pretty besotted by her Swedish hunk.

Turn over for more ➔

reveal.co.uk 29

COUPLES CONFIDENTIAL

MATT & LILY PILE ON THE PDAS

Winner of the Breakthrough Act at the *Harper's Bazaar Women Of The Year Awards* last week, actress Lily James, 26, had more than just one trophy on her arm, as she attended with boyfriend Matt Smith.

The oh-so-fashionable pair looked completely smitten with one another as Matt, 33, congratulated his girlfriend on her prestigious award at the London bash.

The former *Doctor Who* star and the *Downton Abbey* actress were rumoured to have been dating since last October, but only made their relationship official earlier this year. We love these two!



KYLIE & TYGA KEEPING IT PRIVATE

Speaking candidly about her relationship with rapper Tyga to *Elle* magazine, Kylie Jenner revealed why she won't be following in her elder sisters' footsteps when it comes to airing her dirty laundry in public. Listen up, Kim!

The youngest member of the Kardashian klan went public with her relationship with the 25-year-old rapper following her 18th birthday in August, but said, 'I do think that if you let people in too deep, it gets hard – your fans get too invested, and then they know when you break up and make up.'

'I don't want people to know every time we fight or break up, so I'd rather keep some things private,' Kylie added.

She has, however, changed her social media handle to 'King Kylie', reminiscent of Tyga's son with his ex Blac Chyna, three-year-old King Cairo – so it's safe to say these two are getting serious.



OLLY & DIANA ARE THEY OR AREN'T THEY?

Having split from long-term girlfriend Francesca Thomas in September, Olly Murs, 31, appeared to be enjoying his newly single status when he was spotted sharing a cheeky kiss with Diana Vickers, 24, last month.

But, despite an onlooker tweeting us the goss @Revealmag, Olly has denied rumours of any

romance between him and fellow former *X Factor* contestant Diana, calling the claims 'rubbish'.

'Me and Diana are friends, we've known each other a long time. We laughed about it,' Olly said last week.

'What? We're casually dating? No, we're not. We find it funny,' he added. So what is going on, Olly?

Lauren Hill-Roger

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A BIT OF ALL WHITE!



Vanessa looked amazing as she worked out



While we're eyeing up the Starbucks red cups and Christmas puddings (yes, Christmas really is six weeks away), The Saturdays' Vanessa White, 26, has been showing off her incredibly toned winter bod during a fitness retreat at the No 1 Boot Camp, in Ibiza.

She once admitted to suffering from crippling shyness after being labelled 'the fat one' of the band, but Vanessa's critics will certainly be eating their words now.



(L-R) Leigh-Anne, Perrie, Jade and Jesy support each other through hard times

PERRIE: 'IT WAS A HARD TIME'

She's put on a brave face since her split with Zayn Malik in August, but Perrie Edwards has opened up about the biggest break-up of the year.

The Little Mix star, 22 – who was dumped by her former fiancé, also 22, via a text after four years together – said there had been a lot of tears.

'It was a hard time,' she said as she thanked her three bandmates – Jesy Nelson, Leigh-Anne Pinnock and Jade Thirwall – for being a huge support. 'I've got my three girls. I'm so thankful

I've got this lot,' she said, adding, 'I can cry on their shoulders whenever. It could be four o'clock in the morning and I can ring them and go to their room.'

Jesy added, 'It sounds ridiculous, but when someone's hurting in the group, when someone's in a bad situation, you feel it as much as they do. It's awful.'

But Perrie must have hit a hurdle last week when reports claimed that Zayn had been on a date with former *Hollyoaks* star Wallis Day, 21.

Still, she came out smiling!



ADELE TURNS DOWN PLAYBOY

With *Hello* reaching No.1 and album 25 set to break records, Adele's popularity has reached stratospheric heights after a three-year hiatus.

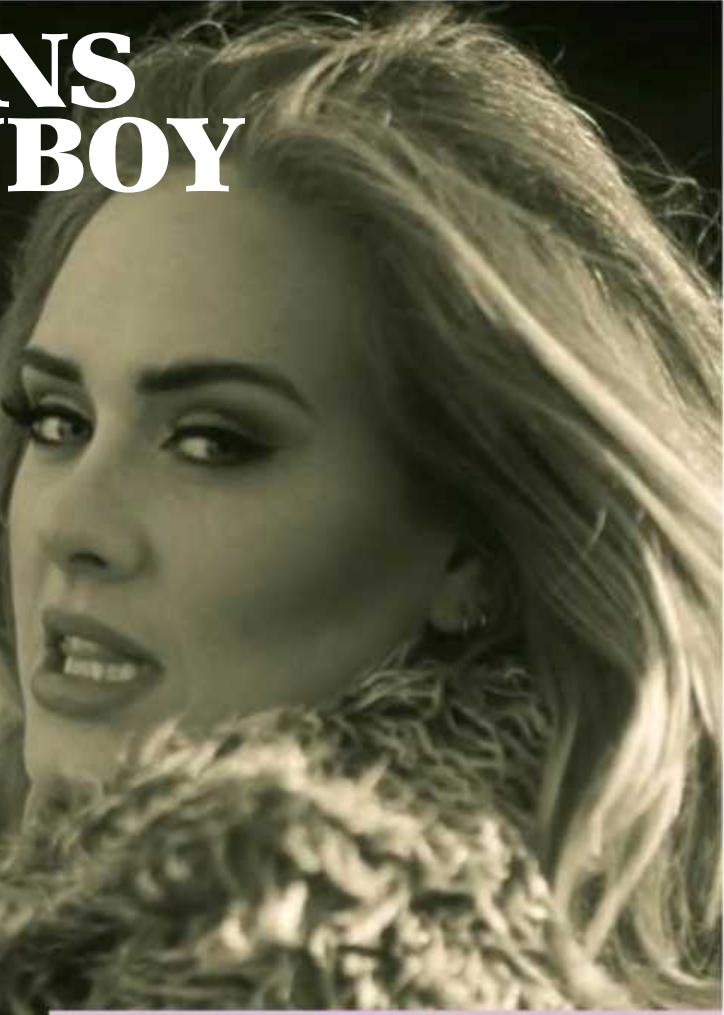
And it's not just fans who are falling at the singer's feet, as Adele, 27, reveals that *Playboy* magazine, famed for their naked pullouts, have been after her for a photoshoot, too!

'I've been asked... so many f***ing times, it's ridiculous,' she told *Rolling Stone* magazine.

'And [do they ask me] because I'm a woman or because I'm fat? Would I show my body off if I was thinner? Probably not, because my body is mine.'

The notoriously shy hit maker then questioned whether her popularity could be, in some part, down to her dress size.

'Sometimes I'm curious to know if I would have been as successful if I wasn't plus size. I think I remind everyone of themselves,' she said. 'Not saying everyone is my size, but it's relatable because I'm not perfect, and I think a lot of people are portrayed as perfect, unreachable and untouchable.'



Kate Moss passes away in the film

MOSSY'S FAKE SHRINE

Dressed in all of their splendour while filming for their upcoming *Absolutely Fabulous: The Movie*, Patsy and Eddy – played by Joanna Lumley and Jennifer Saunders – were spotted last week walking alongside the River Thames on an unlikely pilgrimage.

Surprisingly dodging the bar, the two icons visited a fake shrine to model Kate Moss, who makes a cameo and subsequently dies in the movie. We're sure she's ab-solutely chuffed!



Daaarlings! Patsy and Eddy are back!

COCO'S TINY BUMP

Most mums-to-be are pretty fed up with their burgeoning bumps when they reach 34 weeks (around eight months) into their pregnancy.

But despite being close to her due date, reality TV star Coco Austin looks like she's just had a particularly large pizza binge in Instagram snaps taken last week.

Wearing a pink crop top and sky-high Louboutins, the model, 36, looked incredible ahead of the birth of her first child, a daughter she's already named Chanel Nicole, with rapper hubby Ice-T.

She captioned the pics, 'This was just taken today in my shoe sanctuary were [sic] I feel the most peaceful.. 34 weeks pregnant!!!... Pregnancy is still going unbelievably smooth.'

Lauren Hill-Roger

A month before her due date, Coco looks teeny





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The 'Little Lady' WHO SAVED US ALL

Karan Harry, 56, wouldn't name her grandchild while her daughter lay in a coma, so she called her 'Little Lady' and watched as she brought everyone back to life...

Folding the *Finding Nemo* babygrow, a huge smile spread over my daughter's face. This was the outfit she wanted her little one to come home from hospital in. At 30, Rachel was surrounded by friends with babies, and she doted on her seven-year-old niece, Megan, taking her to ballet class every week. Her dream was to start a family.

It was December 2011 when she got the good news she'd been waiting for. "Mum, I'm pregnant," she told me excitedly, the happiest I'd ever seen her.

All went smoothly and, on 22 July 2012, Rachel's waters broke. With her then-partner Rob, 34, we headed to Wrexham Maelor Hospital.

But, as she eased herself into the birthing pool, the midwife looked concerned. Rachel's heart rate had shot up. "Sorry, we can't do it this way," she said.

A C-section was scheduled for the morning. It wasn't the way Rachel wanted things, but she remained positive. As she prepared to go into theatre, I told her I loved her. "Love you too, Mum," she replied. Those were her last words to me.

Later, I heard the baby crying as doctors and nurses ran past me. After a few minutes, there was news, "Rachel had a heart attack. The situation is critical," the doctor said. "We're fighting to get her back."

My head spinning, I made frantic calls and our family raced to the hospital.

Eventually, Rachel stabilised and a midwife brought the baby to us – a little girl. We couldn't name her, not without Rachel, so nurses scrawled "Little Lady" on her tiny wristband.

But our joy was short-lived. A blood clot had travelled to Rachel's heart. After 20 minutes of CPR, there was nothing more the medics could do. She was given just two hours to live.

Every minute was critical, but Rachel fought on. She made it through the night, then the next day.

Despite the circumstances, it was important that Little Lady and Rachel formed a bond. So, at three days old,



I placed my granddaughter on her mother's chest for the first time and Rachel let out a contented sigh.

Nurses gave us a pink teddy to keep mother and daughter connected. As we swapped the bear back and forth, they always had each other.

For seven days, Rachel lay in a coma. Little Lady was a cranky, restless sleeper, but whenever we placed her on Rachel,

"Squeeze my hand for the right name," I said as I held Rachel's hand. For Layla and Cerys – nothing. But as I said Freya, a tiny, gentle squeeze came. Our Little Lady now had a name.

A fortnight later, Rachel was moved to a high-dependency ward. Although she woke up, she didn't recognise anyone or speak at all. The only person she looked

'It was like Freya knew. She never once cried in Rachel's room'

she snuggled up and drifted off quickly.

After 10 days, I went to court to request a residency order so Little Lady could come home with us. The judge insisted we had a legal obligation to name her before she left the hospital, so we could register the birth.

While pregnant, Rachel had shortlisted three names: Layla, Cerys, and Freya.

at was Freya, her eyes following her around the room.

A consultant warned us that Rachel mustn't be overwhelmed with visitors or noise. Amazingly, it was like Freya knew that. She never once cried in Rachel's room. She just lay happily on her chest.

In October 2012, Rachel was moved



Whatever the future may hold, Karan (left), Rachel and Freya will face it together

to a rehabilitation unit. Having been deprived of oxygen, she was severely brain damaged and we were warned that she'd never walk, talk, eat or sit up independently again.

She'd once been so full of life, but now she needed hoists to lift her out of bed. Shockingly, we were advised to put her into a nursing home.

"Not a home. Our home. With Freya," I said firmly. Every time Rachel looked at her baby girl, she smiled. Home was the best place for her.

A kind friend provided us with a stair lift, and we set up the Rachel Harry Fund to cover the costs of adapting our house.

Finally, in June 2013, Rachel came home. Freya was 11 months old then and crawling, sitting up and playing.

As Rachel watched Freya feed herself, then stand and walk, she tried to copy her movements. And, with weekly

physiotherapy, Rachel learned not just to sit up, but to stand, almost unaided.

When they said she'd never speak again, it killed me that Freya would never hear her mummy's voice. But, although she finds it hard to form words, she can now manage a few.

Mostly, Rachel lets us know how she's feeling with her facial expressions and by pointing. Incredibly, she understands everything that's going on around her.

Every night, the three of us crawl into bed together to read a bedtime story. At first, Rachel would just smile and listen. But, by watching Freya, she's learned to turn the pages.

Though Rachel's future is uncertain, she's already proved so many people wrong. Freya lights up her world and I'm certain she saved her mum's life.

We all lost something the day that Freya was born – our careers, the freedom to look forward to retirement and watch



Rachel was fit and healthy pre-pregnancy

our grandchildren grow up without worry.

But we gained so much more – we gained Freya. She gives us all the strength to carry on, our Little Lady with the biggest heart.'

Kim Willis

For more info, or to donate, visit rachelharry.co.uk.

I WANT what she's got!

We show you where the celebs have been shopping this week

RIVER ISLAND

£35



RIVER ISLAND

£38



ROSIE FORTESCUE

Cosy but glam knit – check, must-have leather culottes – check, statement pom-pom heels – check. It looks like Rosie just nailed this season's wardrobe wish list. We're not sure what part of this outfit we need most, but we know we'll be heading straight to River Island for a shopping spree.



RIVER ISLAND

£70



LUCY MECKLENBURGH

If in doubt, go for a top-to-toe black ensemble because, as Lucy Meck shows, it'll never disappoint. This über-flattering tassel hem crop top is from her own collection so who better to show it off, hey Lucy? A glitzy box clutch is the only accessory she needs to amp up the glam factor.



PRETTYLITTLE
THING.COM

£15



DUNE

£55





STEPHANIE PRATT

Made In Chelsea girl Stephanie makes us feel festive just looking at her. This metallic baroque minidress with matching hue faux fur stole and heels is perfect for the party season. Extra style points for matching your lippie, too, Steph!

AXPARIS.COM
£40



LYDIA-ROSE BRIGHT

Lydia always looks ladylike in her feminine outfits and this red number is a winner. The front split and low neckline make it sexy, but the sleek hair keeps it minimalist and stylish. We're big fans of this outfit, Lyds.



LAVISHALICE.COM
£60



PUBLICDESIRE.CO.UK
£29.99



JADE THIRLWALL

Little Mixer Jade looks effortlessly chic in this designer Self Portrait jumpsuit. The sheer detail top half keeps it dressy and she livens up the simple culotte bottoms with these gorge fringe heels. They come in red and cream, too, girls, so you'll want to get all three pairs... it's OK, we won't tell anyone!



'I'm stable BUT IT'S TAKEN A WHIL

As *The Hunger Games* finale is released, the film series' star Jennifer Lawrence speaks to us about:

- Why she's finally comfortable within herself
- Feeling alienated after winning an Oscar
- Why she took on Hollywood bosses over equal pay

It's a bittersweet week for *Hunger Games* fans. The new, highly anticipated movie is about to hit UK cinemas, yet it's also the final instalment in the popular franchise, which has so far taken more than £1 billion at the worldwide box office.

But while it's the end of female heroine Katniss Everdeen, Jennifer Lawrence

– the actress who plays her – won't be disappearing off our radar anytime soon.

Unlike some actors, Jen isn't feeling the pressures of Hollywood and has no intention of shunning the limelight or scaling back her workload now that the fourth and final film, *The Hunger Games: Mockingjay – Part 2*, is over.

'We all have to find a balance in our ordinary lives, but I don't really feel like escaping from anything,' Jen, 25, tells us when we ask if she struggles with fame.

'When I finish a movie, I still like to stay in New York or LA, and I enjoy working.'

Considering it further, and perhaps eluding to her personal life – Jen has had two high-profile relationships, with British actor Nicholas Hoult, 25, and more recently, with Coldplay's Chris Martin, 38 – she says, 'Yeah there are certain things I'd like to escape from in this business.'

'But for the most part, I don't really feel like going off into the country. If I was

someplace quiet, I would lose my mind.'

'I'm sure one day I will, and I'll want to retire and slow down, but as of now, I really love working.'

Jennifer was just 22 when she took on the role of Katniss in 2012. Shortly after she auditioned, Jennifer – who was relatively unknown then – was offered the part of Tiffany Maxwell in *Silver Linings Playbook*, too.

Next came *American Hustle*, and so did the awards – in 2013, Jen won an Oscar, two Golden Globes and a Best Actress BAFTA, to name a few. She also plays Mystique in the ongoing, box-office busting *X-Men* franchise. And this year, she's the highest-paid actress in Hollywood, earning a reported \$52 million (£34m), according to *Forbes* magazine.

'I GO CRAZY WHEN I'M NOT WORKING'

It's little wonder Jen's sad to say goodbye to her *Hunger Games* character.

'These movies have been part of my life for so many years,' she says at the press conference in Los Angeles.

'There were a few years of getting used to it – my entire world changed. I have a new "normal" now, and I feel very stable and happy, but it took a few years to get used to being looked at differently.'

Of her massive success, which snowballed after her Oscar win for *Silver Linings Playbook*, she says, 'It's very alienating because you don't feel different but everybody reacts to you differently.'

'I just have a job, and that's how I think of it. I think of myself as a working woman.'

There's no denying that she works her socks off. In fact, she tells us she spends her weekend pitching herself to directors and gets bored when she's not on set.

'When I get time off, my mind goes crazy because I hate waking up without a goal and going to sleep with nothing to achieve,' says the Kentucky-born star.

'I try to keep working so people can see other characters and other things I can do instead of taking vacation time, and now I'm aging like a president because of it!'

'I WAS CALLED A BRAT'

Katniss will always be the foremost character in Jennifer's heart, and she brands her the 'greatest female character ever' because she's a strong-willed woman – a subject that's clearly close to Jen's heart.

She's an advocate for equal rights in

Jen won a best actress Oscar in 2013 for *Silver Linings Playbook*



and happy

E'



She split up with her X-Men co-star Nicholas Hoult in August 2014

Hollywood and, after the Sony hack in December revealed she was earning less than her male co-stars, she penned an open letter criticising the inequality.

In the letter, Jen blamed herself for not haggling over her wages, as the fear of seeming 'difficult or spoilt' kept her from demanding more money.

Her male colleagues had done so, and she questions whether not asking for a higher wage is a personality trait or because women still feel inferior to men.

After the article, one critic labelled Jennifer 'bratty', but she stands her ground.

'I wasn't so much as complaining about it, it was more me questioning how my own mentality gets in my way of fighting as hard as men to get a better deal. Is that because I'm a woman?

'Then my letter was called "Jennifer Lawrence's bratty display" by a website, and I was like, thank you for completely making my point!

'If a woman speaks up, is assertive and has a voice, then she's going to be called a brat. I don't see a man being called a brat.'

Rebecca Greenow

The Hunger Games: Mockingjay – Part 2 is in cinemas from 19 November



After speaking out about sex inequality in movie earnings, Jen was labelled a brat



fashionista

She's bitching her way round town bringing you what's hot, and what's really NOT. Remember, you read it here first

MISSGUIDED PEACE & LOVE COLLECTION

Oooh, I do love a fancy high-end range, and Missguided's new Peace + Love collection doesn't disappoint.

It looks more designer than high street and is full of lavish fabrics and rich colours. From the side-split maxi to the show-stopping faux fur coats, I want it all! And, with prices starting from just £15, I can afford to splash out.



Coat, £50

Gilet, £80



Dress, £70

Dress, £70
Shoes, £50



BEANIE VS BOBBLE

Matalan's Alphabet Scarves campaign was a hit last year and this year's Beanie or Bobble campaign, in support of Alder Hey Children's Charity, will be no different. The hats are the perfect stocking filler with 100 per cent of the profits going to the charity, with celebs including Abby Clancy (above) offering their support. So, are you a beanie or a bobble?



Hat, £8

Feather fail
Iggy Azalea channels her inner ostrich in this gigantic feathery get-up.

Illustration Jacqueline Bissett | Photos Corbis
*Comp closes at midnight on 23 November. Tickets valid for 5 December. Meet and greet with Joey Essex will take place with other competition winners.

WIN!

Come and visit us at the Lambrini Cocktail Bar, in association with *Reveal*, at The Clothes Show! We've got two tickets, plus travel up to the value of £100, up for grabs.* And, what's more, we're throwing in the chance to meet Joey Essex. How reem is that? To enter, visit reveal.co.uk.



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DODGY SURGEON *butchered my bum*

While a gastric band op helped Heidi Faulkner lose 8st, it left her with an unsightly, saggy butt. And her decision to have cheap bottom-lifting surgery abroad left her paying a heavy price...

After battling with her weight for years, Heidi Faulkner paid £8,000 to have a gastric band fitted in 2007.

At 16st and a size 22, the estate agent was determined to slim down. And, in the following three years, she dropped a staggering 8st.

Although, at 5ft 6in, Heidi was now 8st and could slip into a size 8 with ease, the drastic weight loss had left her tummy and bottom covered in unsightly, wrinkled, saggy skin.

So in March 2013, Heidi flew to Prague for a cut-price tummy tuck, costing £2,000 – instead of paying £5,000 in the UK.

'I was dubious,' the 32-year-old admits. 'You hear awful stories about dodgy surgeries abroad. But I was desperate.'

Following the two-hour procedure, Heidi had the flat tum she'd hoped for. She was overjoyed with the surgeon, and with the amazing aftercare. But she did feel there was more work to be done.

'Although the tummy tuck gave me back some confidence, it highlighted how saggy my bum was. I felt trapped in a 90-year-old's body,' she says.

So, that December, nine months after her first op, she booked a bottom lift. 'I had no doubts about going back to the same clinic whatsoever. I knew they were capable and, at just £2,000 for the surgery, it was almost too good to be true.'

Leaving her son Albie, nine, with family in Hertfordshire, she flew to Prague. However, when she arrived at the clinic, she was surprised not to be greeted by the chief surgeon who'd operated on her before. Instead, another surgeon marked up her bottom with large, diagonal lines.

'I was taken aback. I said I'd have thought the cuts should be made horizontally, but he told me this would get a better result. After all, he was the professional.'

Two hours later, Heidi was out of surgery and was taken to recovery, where she slept for 12 hours.

'As I came round, I was longing to see my new bum. It was painful, but that wasn't unexpected,' she says.

'I was itching to unravel the

'Like something out of a horror film' – Heidi's ravaged bum



First operation

bandages and take a look.'

But what Heidi saw left her screaming in shock. It resembled something from a horror movie, like a shark had bitten my bum. There were two big diagonal wounds across each cheek, and the skin looked pucker and still saggy.

'The fat had been taken out and it was just flat. I was convinced I was still woozy from the drugs, and that it wasn't real.'

Heidi immediately called on staff to take a look, but the surgeon assured her it would take time for the swelling to go down. She was advised to go home and then send photos to the clinic, to show how the surgery had healed.

'They promised to fix it if it still looked bad,' says Heidi.

Distraught, she sent photos of her new bum to friends and family. 'Their reactions said it all,' she says. 'They were horrified.'

When she arrived back home, Heidi was in so much pain, she could barely sit down. 'Because the surgeon had removed

Heidi's drastic 8st weight loss left her with saggy skin

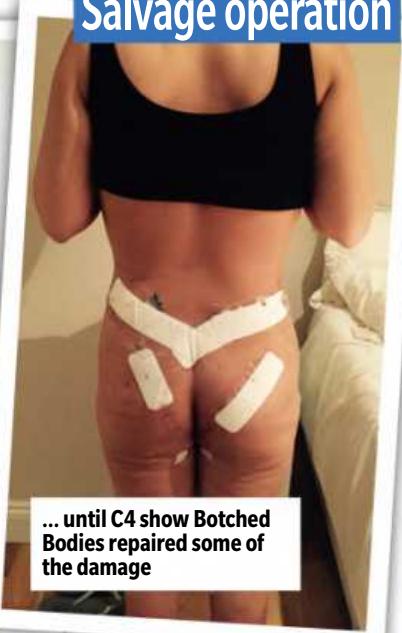
Photos Sarah Turton



Salvage operation



Months after the op she was still in agony and couldn't sit down...



...until C4 show Botched Bodies repaired some of the damage

all the fat and tissue from my behind, my tailbone was sticking out. It was so excruciatingly painful, I couldn't even lie down in the bath. The bone was bursting through my skin.'

Taking a doughnut cushion with her everywhere, Heidi had to learn to sit on one bum cheek to prevent any pain.

'I've always loved horse riding,' she says. 'I even moved Albie and me out to a farm with a stable, so he could learn to ride and have his own horses. But, after the botched bum job, I had to give up the hope of ever riding again. It was just too painful.'

Despite sending the clinic photos of her butchered behind, they rarely responded to her emails. They promised to call, but the call never came.

'I was at my wit's end,' Heidi says. 'I contacted the British Embassy and wrote to the Government, but nothing worked. Solicitors told me it would cost £30,000 to take action and I might not win.'

Desperate, Heidi returned to Prague four months later to see the head surgeon. 'She told me there was nothing they could do. She said sorry, and sent me on my way.'

It wasn't until she heard about the Channel 4 series *Botched Bodies* that Heidi felt a glimmer of hope. 'Showing my bum on TV was terrifying but I didn't have much choice,' she says. 'It was my last option.'

In another two-hour operation last year, a top London surgeon sucked fat from Heidi's knees, thighs and hips and injected it back into her buttocks, once he had lifted the cheeks and erased her old scars.

'It's better, but still not 100 per cent right,' she says. 'People should think carefully about having surgery abroad. It may save you money but it could destroy your body.'

'I still hide my flat bum under long shirts. It's knocked my confidence so much that I doubt if I'll ever be in a relationship again. I just couldn't get naked in front of someone.'

'Now, I'm trying to build volume in my bum through exercise. I'm hitting the gym and squatting to get some muscle forming there. I've been left with only one hope – to get my body confidence back the natural way.'

Stacey Byles & Paisley Gilmour

'It's knocked my confidence so much'

After going through hell, Heidi still hasn't got the bottom she wanted

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'I HAVE 30 PEOPLE WHO MAKE ME LOOK GORGEIOUS!'

X Factor winner Ben Haenow is back. Here, he tells us about his beauty regime and why he won't marry his girlfriend...

emotions, so I'd put a bit of it on again.

'Now I have spray tans, get my make-up done and my eyebrows threaded. They even use wax to pull hair out of my nose. It's painful! I literally have someone's hand pushing on my chin while their other hand is pulling nose hairs out with wax.'

Ben, 30, chipped his two front teeth while 'rocking it out to my favourite song in front of a mirror' as a kid, and tells us they're next on his transformation to-do list.

I'm going to go for "The Rylan!" he laughs.

'I've been inspired by Rylan [Clark] and Simon [Cowell] to get the biggest, whitest teeth.' (He later insists he's joking – phew!)

'I'M MORE OF A TART'

So, does Ben now take longer to get ready than his long-term girlfriend Jessica Jones?

'Oh yeah, I'm more of a tart nowadays, definitely!' he says. 'But it's not through choice – I'm sick of having spray tans all the time.'

On the subject of Jessica, we remind Ben that he made a public promise to put a ring on it after

he finished *The X Factor*. But he won the show almost a year ago now, and her finger is still bare...

'Don't look at me like that!' the former Croydon van driver laughs. 'I've been busy this year, and I don't want to be the guy that proposes and then is never there. Like, "Marry me... see ya later!"'

'I want to concentrate on my single. We've been together a long time and she understands. It's not like I'm going to leave her for a singer or a dancer or anything.'

When he's not busy in the recording studio, Ben makes sure he gives his lady plenty of love and attention. Sounds romantic – or maybe not...

He says, 'I like to take her for a cheeky Nando's, which I do class as a sit-down dinner date, by the way. Our first date was to McDonald's, so the bar was set high from the very beginning. Romance is not dead!'

Rebecca Greenow

To find out who Ben's fave X Factor finalist is, and what he really thinks of Kelly Clarkson, visit reveal.co.uk



Ben's toned up and tanned a bit since his X Factor debut

When Ben Haenow auditioned for *The X Factor* with Bill Withers' 'Ain't No Sunshine' in September last year, he had female viewers' hearts racing.

Even Cheryl Fernandez-Versini and Mel B were fluttering their eyelashes over the rugged cheeky chappy.

And, when we catch up with him at Sony Records in London, we note that Ben – who was in a characteristically jovial mood – has replaced the heavy stubble with a more polished look after undergoing a pop star makeover.

'I've got a team of about 30 people pampering me now so, all of a sudden, I look gorgeous!' he tells us.

'I've been going to the gym to lose weight. I used to work out before *The X Factor* then, during the show, I gave it up and ate my



Romance? 'I like to take Jessica for a cheeky Nando's'



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MYLEENE'S *party picks*

Party season is upon us and Myleene Klass has got our wardrobes covered with her new littlewoods.com collection

Christmas came early last week when we got an exclusive invite to the launch of Myleene Klass' ninth collection for littlewoods.com at The Savoy in London.

The TV presenter treated us to afternoon tea and a beautiful performance on the piano, getting us well and truly in the festive mood. Looking stunning in a red lace maxi dress from the range (see far right), she revealed that Littlewoods sells a piece of her collection every minute! Hardly surprising as the latest drop is full of glitz and glam.

'I've created short and floor-length dresses that will see you through the party season no matter what your style. The designs are striking, head-turning pieces that will help you look and feel incredible,' says Myleene. **Sizes 8-24, prices start from £44**

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IF YOU'RE CURVY...

Ajumpsuit flatters in all the right places. This glitzy all-in-one cinches in at the waist, hugs the hips, and falls loosely over thighs. Add a belt for extra definition and finish off with a pair of heels. Boom!

» Jumpsuit, £38, Dorothy Perkins Curve Range



Top tip

Opt for floaty, drapey styles – this is not a catsuit! A wide-legged style also flatters.

» Shoes, £79, Dune



» Bag, £12, F&F at Tesco

Take tips from plus-size model Ashley Graham and embrace your curves. This simple and sleek all-in-one is a hit.



ASHLEY GRAHAM

FIGURE fixers

From the bootylicious bod to the long and lean physique, we've found the savviest-shaped garments that'll help you dazzle through the party season, whatever your shape

IF YOU HAVE NO WAIST...

Then create one! This shimmery gathered dress hugs your curves and nips in at the middle, forming a flattering hourglass silhouette. Team with a peplum-style cropped jacket to add further definition to your waist.



NICOLA ROBERTS

The ruching on Nicola Roberts' dress gives the illusion of a more feminine shape

Top tip
Structured or padded shoulders will help balance out your figure.



» Jacket, £75, Warehouse

» Shoes, £30, boohoo.com



» Dress, £45, Marks & Spencer



£42, Oasis



Jessica Wright shows us how it's done in a pair of checked trousers and a crisp white shirt.



£25,
boohoo.com

IF YOU HAVE A SMALL BUST...

You pretty much have the pick of the bunch when it comes to partywear. Backless, plunging, high neck – you name it, a small bust can get away with the most risqué of outfits. This high-neck swing dress flatters a slim chest and shoulders while skimming over hips and thighs to balance out a bigger bottom half.

Necklace, £9.99, New Look



Bag, £65, Dune

Dress, £75,
Dorothy Perkins



Shoes, £18,
Primark



Top tip
A statement necklace gives the illusion of a bigger bust, so finish off with a bit of bling.



IF YOU HATE YOUR LEGS...

Does the thought of a dress leave you unsteady before you've even hit the bubbly? Then take your pick from these statement trousers. Sleek and tailored, they're super-slimming. Dressed down with a cosy knit or smartened up with a blouse, you're onto a winner.

Top tip

Pick a pair that finish at your ankle to show off the slimmest part of your leg.



£40,
Wallis

£150,
Coast



£17.99

£29.99

£22.99

£29.99

Top tip

For the perfect fit, keep your eye out for adjustable straps and ties.

IF YOU HAVE WIDE FEET...

Party season calls for dancing shoes, and New Look is the place to go for on-trend wide-fit shoes. Super comfy, you'll be on the dancefloor all night long.



Top tip

Avoid floaty tops or ruffles, which make the bust look bigger.

Dress, £120,
littleblackdress.co.uk

IF YOU HAVE A LARGE BUST...

Av-neckline will flatter the bust and elongate the torso. This wrapover style makes the most of your assets and we can't resist those sparkly sequins during party season. Keep the rest of your outfit simple and let the dress (and you!) steal the show.

Clutch, £29,
Accessorize



Shoes, £25,
Very.co.uk

Salma Hayek shows off her curves in a gorgeous ruby dress. The cleverly placed beading helps elongate her figure



SALMA HAYEK

ABBEY CLANCY



A blue satin two-piece complements Abbey Clancy's model frame perfectly. She finishes off her look with slicked-back hair and smoky eyes

IF YOU'RE TALL...

Avoid fussiness and keep it chic and simple in a tailored trouser suit. Team with a pussybow blouse or if you're feeling daring, try a bralet for ultimate supermodel style. You don't have to wear flats, own your height in a pair of low heel block shoes.



Bralet,
£14.99,
H&M



Blouse,
£28, Next



Jacket, £70, Topshop



Trousers, £50,
Topshop



Shoes,
£29.99, Zara

Top tip
If the sleeves are too short, roll 'em up to a flattering three-quarter length.



Shoes, £49.99, Mango

Jacket,
£65,
M&Co



Dress, £70, Oasis



IF YOU WANT CURVES...

A dress with a nipped-in waist helps create the illusion of an hourglass figure. This sleeveless high-neckline style shows off slim arms, while the A-line skirt adds volume.



Bag, £45,
darlingclothes.com

Keira Knightley oozes ladylike glam in this stunning prom dress. We love the added touch of fur for extra oomph



IF YOU HATE YOUR ARMS...

A sheer or lace top is your new BFF, enabling you to flash a bit of flesh but still get the coverage you want. Style up with skinny jeans and some killer heels for the perfect desk-to-dancefloor transformation.

£29, M&Co



£30,
River Island



£65,
Warehouse



£55,
Marks & Spencer



Top tip
Avoid clinginess;
floaty styles are more
flattering.

Diane Kruger
opts for
gothic glam
in a sheer
blouse and
black shorts.
Complete the
look with
scarlet lips



DIANE KRUGER

Top tip
Pieces with pleats,
ruffles, embellishment
and fur also help
boost your figure,
so layer up!

KEIRA KNIGHTLEY

Lea Michele
is tailored to
perfection in
a neat shorts
suit. We love
the red-hot
hue, too



IF YOU'RE PETITE...

Stick with tailoring to avoid looking swamped. A pair of fitted shorts and a sleeveless top is the perfect combo for showing off your petite frame. Finish off with a pair of metallic pointed court shoes to help elongate your legs.



Shorts, £24,
Topshop



Top, £32, Joy



Shoes, £79,
Dune

Top tip
Stay away from shoes
with ankle straps –
they'll make your
legs look short.



Unilever



"My bedroom's
my backstage.
Life's my
runway."



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Amber on...

Bond girl Léa's beauty secrets

Spectre's Léa Seydoux, 30, is my new skin, hair and make-up icon. From the ultimate red lips to her luscious locks, here's how to get her high-glamour look

SCENT OF A STARLET

I love the fact that Léa wears a different perfume for each character she plays. While she hasn't revealed the scent behind Bond girl's Madeleine Swann, she's a lifelong fan of Prada's fragrances, and fronts the campaign for the seductive **Prada Candy**, £45 for 30ml EDP, fragrance direct.co.uk



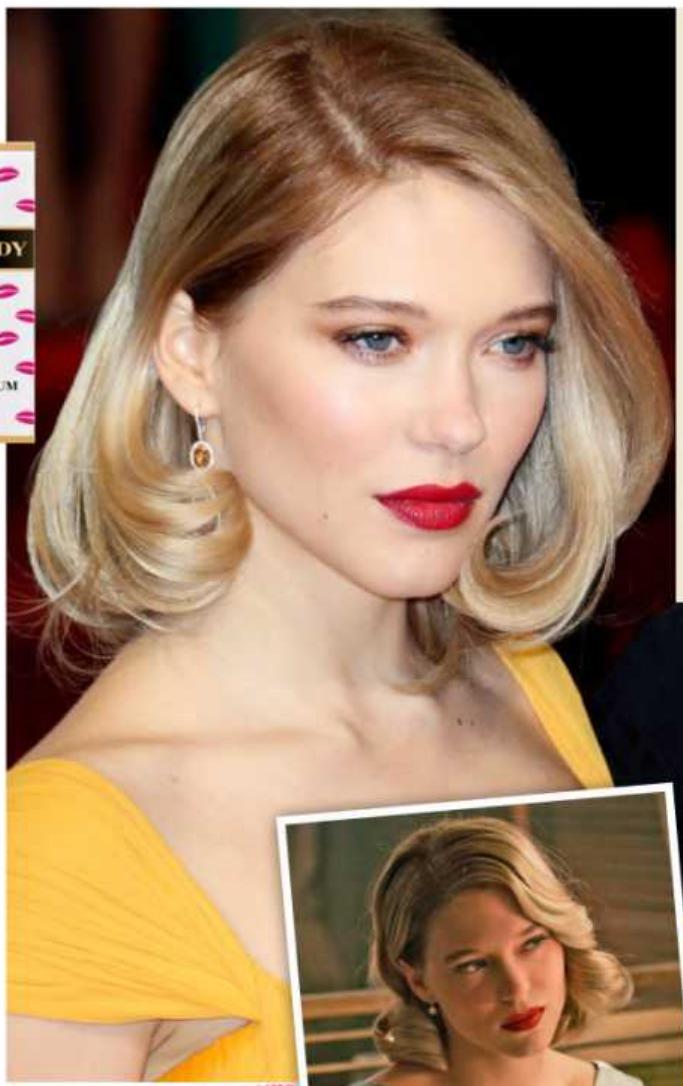
PEEPER-OPENING TRICK

To enlarge her almond-shaped eyes, Léa tends to stick to light, shimmering shadows paired with individual falsies. Any smokiness is kept to the outer corners. **Bourjois Little Round Pot Nude Edition in Originale**, £6.99, and **Ardell Individual Lashes**, £5.49, are great together.



RED POUT WEAPONS

To prep for lippie, the actress hydrates daily with **Elizabeth Arden Limited Edition Eight Hour Nourishing Lip Balm**, £20. If it's staying power she's after, she turns to **NARS Pure Matte Lipstick in Mascate**, £20. For a glossier finish, she swipes on **YSL Rouge Pur Couture Lipstick in Le Rouge**, £26. And her No.1 tip? Avoid a red lip on date night! 'Trust me, men hate it. If I'm on a date and I don't want to kiss the guy, I'll wear a bright red lipstick!' she says.



HIGH-SHINE HAIR

What's a Bond girl without mega-gloss hair? Despite her frequent colour switch-ups (Léa has been brunette, blonde and redhead), the starlet's locks are still swishable. She relies on a luxury regime including Opalis shampoos and £50 Christophe Robin masks costing 50 quid each! When it comes to styling, though, Léa is low maintenance. She washes her hair every two days, sorting greasy roots in between using **Klorane Dry Shampoo with Oat Milk**, £8.



CAMERA-READY COMPLEXION

Léa's big on skincare (she is Parisian, after all). **La Roche-Posay Nutritic Intense Riche Moisturising Cream**, £16.50, is her go-to day cream. It's pretty rich, so try the lighter variant if your skin's not so dry. To keep her body nourished, she loves her trusty **Bio-Oil**, £8.99. And to even out imperfections? **Giorgio Armani Luminous Silk**, £36.50, is her foundation fave.



WIND-DOWN WONDER

For a keep-calm fix when she's dashing from film set to front row, the French star has a spritz of **Puressentiel Sleep Spray**, £16.99, with a blend of soothing oils.



Bling NAILS

It's time to give your mani a glam-over! Here's how a top celebrity manicurist makes the stars' talons sparkle

Glitter ombre – the easy way

'Shimmering ombre nails (where the glitter fades from cuticle to tip) are popular with my celebrity clients right now,' reveals manicurist Sophia Stylianou, who's worked with Rochelle Humes and Laura Whitmore (sixtyoneproductions.com). 'People try to get the look using loose glitters, but I layer on sparkly polishes,' the pro tells us.

1 Start by applying your base colour of choice all over the nail – nude and grey polishes look super-chic.

2 Follow with a touch of solid metallic polish like (1) Leighton Denny *I Am Goddess* Nail Polish in *Radiant Rhea*, £11 or OPI *Nail Lacquer* in *I Drive A SuperNova*, £12.50, at the base of the nail, by the cuticle.

3 Once dry, apply a fine glitter polish such as (2) Nails Inc *Snowglobe* Nail Polish, £15, or

Barry M Gelly Nail Paint in *Sparkling Amethyst*, £3.99, in the same colour, over the top, again right by the cuticle. Use a thin nail art brush to drag the flecks of sparkle around the nail. The area close to the cuticle should look most opaque with the glitter becoming more sparse as you reach the tip.

4 Sophia likes to mix glitter particles of varying sizes. Add a layer of polish with chunkier flecks like (3) Deborah Lippmann *Nail Polish* in *Across The Universe*, £18, or Rimmel London *Love Glitter Nail Polish*

in Mistletoe Mischief, £3.99, then spread using your nail art brush.

5 Seal with (5) a clear topcoat.



HOW TO REMOVE GLITTER

Glitter polish is notoriously hard to banish. 'Use a nail file to buff on the top and edges of the nail – roughing it up like this breaks the seal. Then soak a cotton pad in polish remover and hold it on your nail for 30 seconds before sweeping off,' Sophia reveals.

More glitzy buys

LOOSE GLITTERS

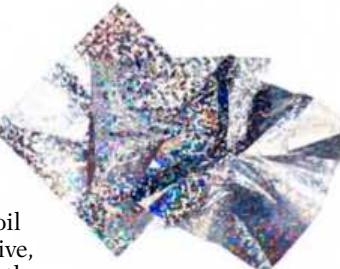
These pots of sparkle, £3 each from stargazer-products.com, are handy if you're after an opaque, high-glitter nail. 'Pop a little pool of clear topcoat onto kitchen foil. Then sprinkle the glitter in and mix together before slicking on as you would a normal polish,' explains Sophia.



NAIL FOIL

For holographic talons, try **Sparkly Nails Nail Transfer Foil, £2.29** (sparkly-nails.co.uk). It works in a similar way to a transfer tattoo. Just stick on using their foil adhesive,

£2.65, then peel off the backing film, leaving a mirror-like film on your nail.



SPEEDY STICKERS

Kiko Nail Art Glitter Tape, £2.90 (kikocosmetics.com), is the ultimate 'get shimmering' shortcut. Just pop the sticky strips onto your nail – simple but swoon-worthy.

The £1 nail art that's big on Instagram!

When a South Korean celebrity manicurist posted a snap of her nail art last month, Instagram went CRAZY. Dubbed the 'shattered glass mani', it's sparked copycats and YouTube tutorials. To get the effect? 'Paint your nail with a coloured polish and, while it's still wet, use tweezers to press **Izabelle Hammon Shatter It Mirror Flakes, £1 for a pot** (izabellehammon.com),

onto your nails. Then seal in place with two layers of clear topcoat,' explains Sophia. Or try cutting thin sheets of pearlescent cellophane into triangles then press onto wet nails, in the same way.



Instagram/@nail_unistella

A Reveal promotion

Made In Chelsea's Binky Felstead and her mum, Jane, help you achieve natural looking waves with the Remington Sapphire Pro Wand...

WEEK 3: NATURAL WAVES

Farewell to frizz

Hi Binky and Jane,

I wash my hair three to four times a week at the gym and I never have time to condition it before I go to work, so it often ends up looking dry and frizzy. I'd love to style it more, adding curls or waves before I head into the office, but I worry this will only damage it further! What can I do? **Rachel, Manchester**



BINKY ANSWERS:

I know what you mean about being pushed for time in the morning, but it's never a good idea to skip conditioning.

No wonder it's dry and frizzy!

Washing can strip the oils from our hair and, unless you replenish these nutrients, it can look dry and damaged. Before I work out I wet my hair and apply some leave-in conditioner from midway down to the ends. It gives my hair some TLC and means I can be quick in the shower afterwards. You can also try using the Remington Sapphire Pro Wand to add some waves. As this wand has ionic conditioners it will help reduce frizz and leave your hair smooth and shiny.

Love, Binky x



JANE ANSWERS:

I agree with Binky. I'm sure you have beautiful hair, so you need to look after it and give it the love and care it needs. It's always tempting to throw it into a quick and easy style when you're short on time – believe me, when Binky was a little one I had my easy, go-to styles!

Instead, try using a powerful dryer such as the Sapphire Pro Dryer to blow-dry your hair from the root, which will add volume and lift without making it frizzy. Then, why not try a styler such as the Sapphire Pro Wand, which has a ceramic coated barrel? It will leave your hair sleek and shiny. Then, simply find the wavy style that works for you when you're in a rush, and you'll be rocking your new 'do in the office in no time.

Love, Jane x

TURNING HEADS

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£22⁹⁹



£44⁹⁹



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Freedom at Topshop
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Dr Phil

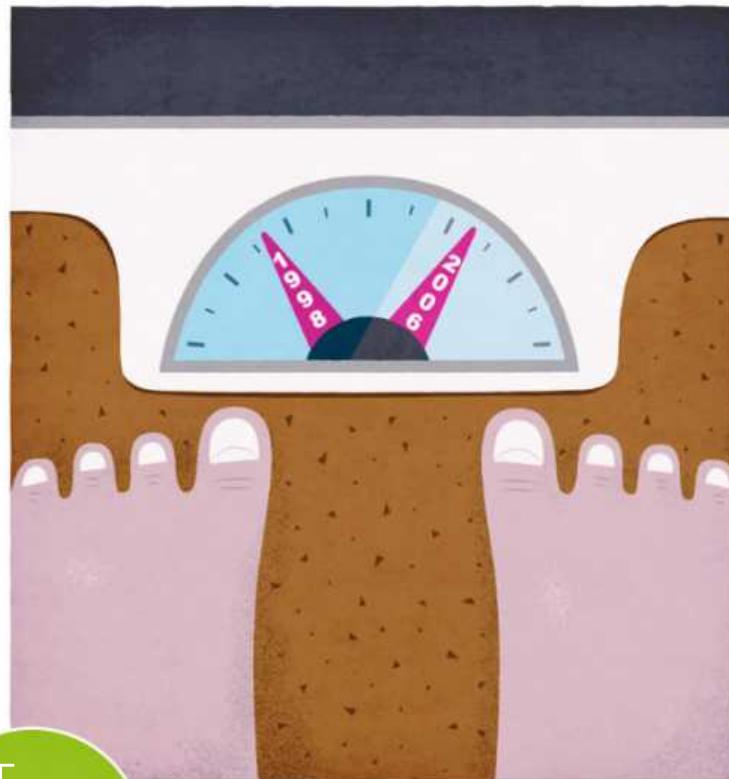
TV's Dr Phil Hammond answers your questions and gives it to you straight on the big health issues

WEIGHT LOSS WOES

Is it just me, or is it getting harder to lose weight?

Nicole, Bromley

It's always been hard to slim down, but a new study suggests it's getting even tougher. It looked at the diets and physical activity of thousands of adults in different time zones and found someone of the same age, doing the same amount of exercise and eating exactly the same amount of calories, protein and fat was heavier in 2006 than in 1998. This suggests that there is something in our environment, or possibly our gut bacteria that is making us put on weight. As has always been the case, avoiding processed food and remaining active throughout the day is the best defence against weight gain.



Trust me – I'M A DOCTOR

Will womb transplants ever be available in the UK?

Ruth, Hull

Yes. Women born without a properly developed womb were excited when, after having the first ever womb transplant in Sweden, a woman gave birth to a healthy baby boy last year. And, now, the Royal Free Hospital, London, has been given permission to perform 10 transplants here. Eggs are fertilised with the partner's sperm first, then implanted a year after the womb transplant. After completing the family, the donor womb is removed, so the woman can stop taking her immunosuppressant drugs.

OM JUST NOT SURE...

THE sex QUESTION

My girlfriend wants me to try orgasmic meditation, but I've no idea what it is. Can you help me?

Tom, Bath

In a nutshell, orgasmic meditation is a way of slowing down your sex, focusing on each other, connecting more closely, finding out everything there is to know about the clitoris and then spending 15 minutes stroking it in just the right way so your partner has really intense and fulfilling orgasms. It is designed as a wellness practice, much like Pilates and yoga. You may well be able to do this on your own, just by talking to each other and putting aside the time to try it out. If you want to find out more, visit onetaste.us/what-is-om/.

DR PHIL SAYS: 'Buy a comfortable pair of walking shoes and use them as much as you can.'

TIME FOR THE SNIP?

Is a vasectomy as painful as it sounds?

Joel, Edinburgh

Vasectomy is a permanent sterilisation that involves cutting the tubes that transport sperm out of the testicles. Most men experience an uncomfortable few days after the operation, but it settles and you are usually free of pain within the week. However one in 20 men develop more serious post-vasectomy pain and we're not sure what causes it – it may be a nerve trapped at the side where the tubes are tied. Some men need nerve blocks or even reversal of the vasectomy to relieve the pain, but this is rare.

RELATION REVELATION

My fiancé and I have just discovered we are third cousins. Is it safe for us to have children?

Sadie, Bristol

First-cousin marriages do put children at risk, because they increase the chances of them carrying two recessive genes that could lead to illness. However, in your case, you are separated by three generations and so any extra risk would be very small. If you want a specialist opinion, or if there is a family history of inherited diseases, there will be a specialist genetic service in one of your local hospitals – your GP will be able to put you in touch.

HAVE YOU GOT A QUESTION FOR DR PHIL? EMAIL HIM AT dr.phil@revealmagazine.co.uk

FOR DR PHIL'S TOUR DATES AND NEW BOOK, STAYING ALIVE, GO TO drphilhammond.com Dr Phil regrets that he cannot reply to emails personally

FOLLOW DR PHIL ON TWITTER @drphilhammond. FOR MORE DR PHIL NEWS, GO TO drphilhammond.com



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Spicy baked eggs

Go Moroccan with this delicious harissa-flavoured winter warmer

Whether for brunch, lunch or dinner, these simple-but-delicious baked eggs are a speedy way to provide booming flavour and a dose of healthy comfort food.

'A basic tomato sauce is the hallmark of any good home cook, and here it is put to good use to coddle eggs until their yolks are runny and dreamy,' says Irish foodie Donal Skehan.

'With an injection of dark heat from the harissa paste, for me this is all too often the answer to the question, "What's for dinner?"'

HARISSA BAKED EGGS

SERVES 4

INGREDIENTS

- 1tbsp olive oil
- 1 large onion, very finely diced
- 2 garlic cloves, very finely chopped
- 1 red chilli, finely diced
- 1tsp smoked paprika
- 3-4 heaped tbsp harissa paste
- 2 x 400g tins plum tomatoes
- Large handful of coriander, roughly chopped
- 4 large free-range eggs
- Sea salt and freshly ground black pepper
- Toasted slices, to serve

METHOD

→ Heat the olive oil in a high-sided, ovenproof frying pan over a medium heat and fry the onion for 6-8 mins, or until softened. Add the garlic, chilli and paprika and fry for 1-2 mins, or until the mixture becomes aromatic.

→ Stir in the harissa paste and tomatoes, pressing the tomatoes down with the back of a fork until you are left with a smoothish consistency. Cook for 8-10 mins at a gentle



simmer, until the sauce thickens and intensifies. Season to taste.

→ Stir through the coriander, reserving a few leaves to garnish. If you want an even smoother sauce, transfer to a food processor and blitz until velvety and then return to the pan (or use individual ovenproof dishes).

→ Preheat the oven to 200°C/180°C fan. Use the back of a ladle to make four wells in the sauce and crack an egg into each one. Bake in the oven for 10 mins, until the eggs are just set but the yolks are still runny.

→ Scatter over the reserved coriander leaves and devour with warm toast for dipping.

FRESH

Simple, delicious recipes to make you feel special!

DONAL SKEHAN

Recipe is from Fresh by Donal Skehan (Hodder & Stoughton, £20), available now

LET THE GAMES *commence...*

The long wait to fall in love, once again, with leading actress Jennifer Lawrence is over as *The Hunger Games: Mockingjay, Part 2*, hits the big screen next week. Look who we met at last week's premiere...

Fans had queued for days to catch a glimpse of the beautiful Jennifer Lawrence and co at the premiere of the latest instalment of *The Hunger Games* and last Thursday they weren't disappointed. To cheers, J-Law herself, Liam Hemsworth, Natalie Dormer, Katie Price and Ben Haenow graced the red carpet in Leicester Square in London.

Jennifer, 25, who plays heroine Katniss Everdeen – otherwise known as 'the mockingjay' – in the cult teen franchise, stole the show in a Liz Hurley-inspired spotty Dior gown.

But Katie, 37, almost stole the show from J-Law by leaving very little to the imagination in a black cape with slits down the side and a pair of big knickers. The former glamour model posed up a storm with husband Kieran Hayler, 28.

It would seem we're not the only ones who can't get enough of Jen, as co-star Liam, 25, who Jennifer calls her 'best friend' gushed, 'Being around someone like Jen, who is so honest and laughs all day long, I am forced to be in the "right now". I'm much happier.'

But while she kept her cool on the red carpet (no Oscar-inspired trips this time), producers revealed that Jennifer is still the down-to-earth and clumsy girl we love.

Nina Jacobson said, 'She has the soul of a teenager and frequently behaves like one – in a good way! There's a lot inadvertent falling down. She's a little clumsy. She's fallen over in a few scenes.'

Fellow producer Francis Lawrence said, 'We accidentally trod on a hornets' nest and she got stung twice. She's OK though!'

Lauren Hill-Roger



Dapper Liam Hemsworth said that he is much happier when he works with Jen



2014 X Factor champ Ben Haenow made an appearance



(L-R) Gwendoline Christie, Natalie Dormer, Jennifer Lawrence, Elizabeth Banks, Julianne Moore and Woody Harrelson had a laugh on the red carpet





X FACTOR

When Louis Walsh left the judging panel, we wrongly assumed the cheesy, eye-roll-inducing one-liners would swiftly follow. No such luck, because it's not an episode of *The*

X Factor without at least a couple of these memorable (for all the wrong reasons) quotes, is it? Join us this weekend when we'll be playing *X Factor* bingo and having a drink every time someone says one of these...

'You have no idea how good you really are'	'Your nerves got the better of you this time'	You smashed it! Ava Max, a blonde woman with a star tattoo on her ear, looking thoughtful.	You made it your own'
Simon Cowell	Tears appear in someone's eyes	'I feel like I'm already at a [insert name here] concert'	'I can see just how much you want this'
'You could have a smash hit with that song'	'You meant every single word of that, I could tell' Matt Cardle, looking surprised.	You have the likeability factor'	'There's a real gap in the market for someone like you'
Bobby Brown	A contestant is exposed in the tabloids as being less than truthful	You have star quality'	'It was simply the wrong song choice'
You make me so proud' Emma Bunton, looking thoughtful.	I didn't like it. I LOVED it'	'I think we've just found ourselves a ready-made pop star'	You've had an incredible journey'

BINGO



Cheryl
salutes

**'You've
got four
yeses'**

I can imagine
listening to
your album'

**'It was a
little bit
cabaret'**

*'This is why
we do this
competition -
to find people
like you!'*

The name
Whitney
Houston is
mentioned



'I really
connected
with that
performance'

***You
have a
recording
voice'***

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REVEAL'S CARENA
CRAWFORD PICKS THIS
WEEK'S TV HIGHLIGHTS

ADELE AT THE BBC

Could this be the music event of the year? In her first television appearance since she performed *Skyfall* at the 2013 Oscars, Adele is taking to the stage with her live band to belt out some old favourites, as well as songs from her eagerly awaited new album, *25*. She'll also be sitting down for a chat about her life and career with host Graham Norton – and, if her appearance on Graham's show back in 2011 is anything to go by, this should be an entertaining watch. From her Oscar for Best Original Song, to her current No.1 smash, *Hello*, the homegrown talent will reveal how it feels to be a superstar.

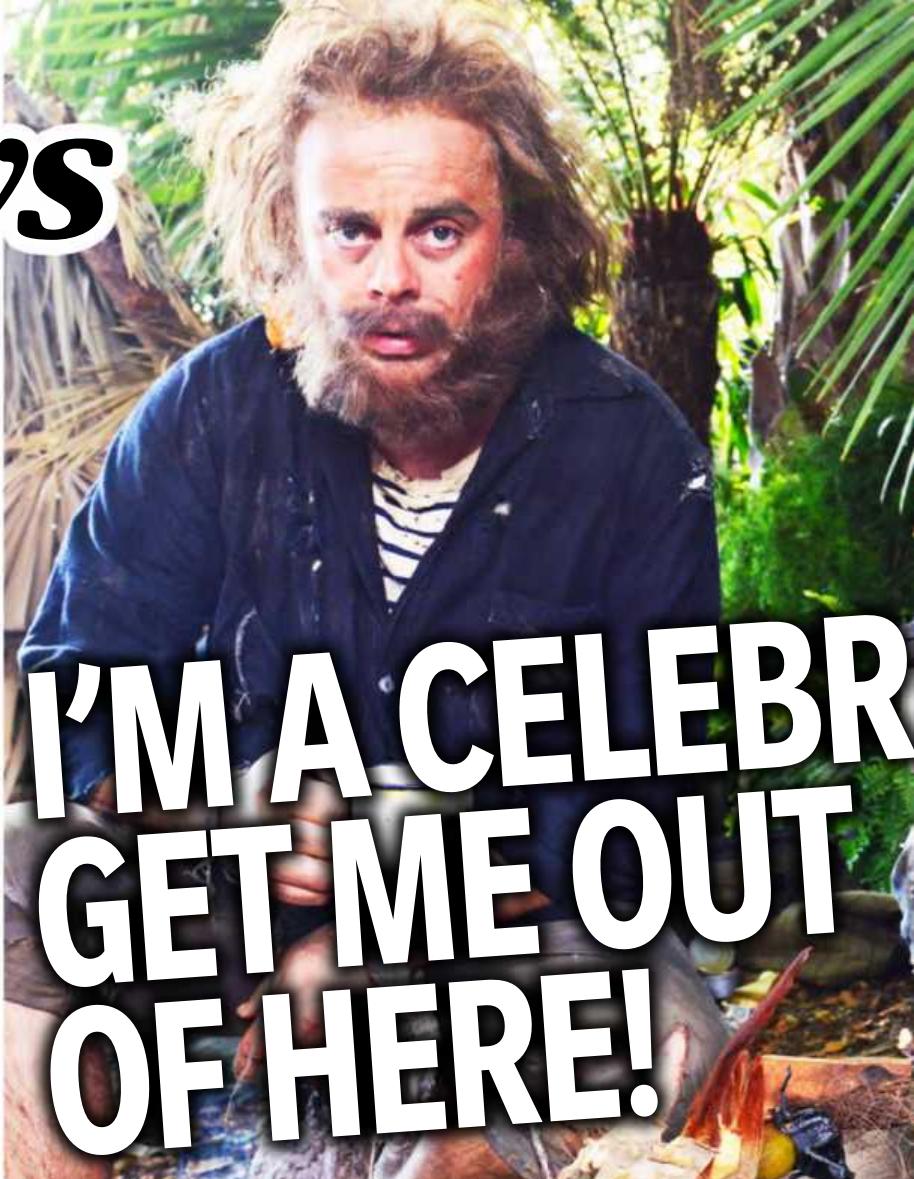
BBC ONE, FRIDAY 20 NOVEMBER, 8.30PM



ELEMENTARY

Jonny Lee Miller is back in the US version of the tales of Sherlock Holmes. Following his attack on his friend Alfredo's killer at the end of last series, Sherlock is wanted on criminal charges and facing time behind bars. His estranged and powerful father arrives in New York determined to fix his son's problems by any means necessary. Despite his worry about his own future, Sherlock knows he's also let down Watson (Lucy Liu), and their relationship with the NYPD is in jeopardy. Can he get back in everyone's good books by taking up the mysterious case of a missing woman?

SKY LIVING, THURSDAY 19 NOVEMBER, 9PM



A new gang of campmates heads into the Australian jungle to take up the challenge of living there for the next three weeks. Ant and Dec will be throwing them head-first into jungle life from the off as they leave their comfy lifestyles behind. Once they've settled into camp, the stars will find out who will face the dreaded first bush tucker trial. By the end of the first week, one of them will be taking part in a live task, but who will be this year's serial trial-taker? Their lives of luxury will be a distant memory as they learn to survive on paltry rations, sleep under the stars, and live alongside bugs, grubs, snakes and spiders.

ITV, SUNDAY 15 NOVEMBER, 9PM

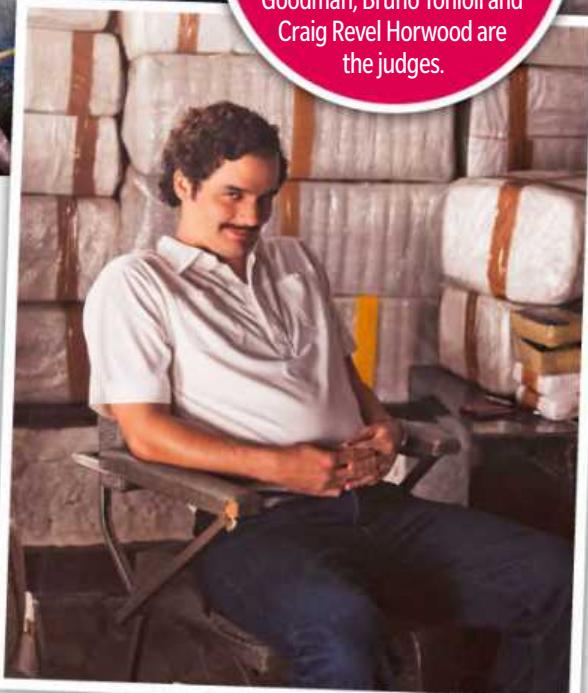
BGT BULLETIN

All four judges have been confirmed to return for next year's *Britain's Got Talent*. Simon Cowell, Amanda Holden, Alesha Dixon and David Walliams are looking for a new star, and auditions are already underway.



**DON'T MISS**

The *Strictly Come Dancing* tour kicks off in Birmingham in January. Frankie Bridge has been announced as the first celeb taking part, Mel Giedroyc hosts, and Len Goodman, Bruno Tonioli and Craig Revel Horwood are the judges.

**NARCOS**

Our latest Netflix addiction is this Colombia crime drama based on the real-life growth and spread of cocaine cartels across the world. Set in the 80s, with the dodgy 'taches to prove it, *Narcos* follows law-enforcement officers who are desperately trying to fight notorious drug kingpin Pablo Escobar (Wagner Moura, pictured above) head-on. The conflict is bloody and brutal as the legal, political, police, military and civilian worlds all clash as they try to get Escobar's cocaine off the streets. All 10 episodes of the first series are up and ready to watch, and a second series has already been commissioned. We can't wait!

AVAILABLE ON NETFLIX NOW

THIS WEEK'S SOAP HIGHLIGHTS***EastEnders*****DEAN IN DANGER**

Ronnie's all over the place after another row with Roxy over Dean, and a concerned Billy suggests she should handle Dean like Phil would. When Ronnie takes his advice seriously, Billy starts to worry she might be planning to kill Dean. Billy asks Mick to warn Shirley, but Mick is torn and doesn't know whether to keep quiet. When he spots Dean going into Ronnie's house, he panics – will he save his brother?

EASTENDERS, BBC1, MON & FRI, 8PM, TUE & THU, 7.30PM

Coronation Street**LEANNE CRACKS**

Simon skives off school again and Leanne breaks down, confessing to Eva that he's out of control and has been hitting her. When he then spray-paints the word 'whore' outside the Bistro, Leanne confronts him. He goads her about her infertility and, when she almost strikes him, she realises she can't cope any more, and tells him she's sending him to live with Ken. How will he react?

CORONATION STREET, ITV, MON & FRI, 7.30PM & 8.30PM, WED, 7.30PM

Emmerdale**JAI BLACKMAILS TANYA**

Jai wants to get rid of Nikhil so spikes Tanya's drink and then takes her back to the B&B, where she passes out in bed. When she wakes up to find Jai there, she's traumatised to think she cheated on Nikhil, but Jai tells her he won't tell anyone as long as she persuades Nikhil to leave. As they say their goodbyes, will Jai get his way, or will his plan backfire?

EMMERDALE, ITV, MON-WED, 7PM, THU, 7PM & 8PM, FRI, 7PM

WEDDING WOES FOR PETE

The McQueens prepare for Reenie and Pete's wedding, but Cleo's devastated he's going ahead with marrying her mum. Pete tries to talk her round, but Harry sees them together and is stunned when Cleo tells him about her relationship with Pete. Later, as Reenie and Pete are declared husband and wife, Harry bursts in. Will he reveal the truth about Pete and Cleo?

Hollyoaks

HOLLYOAKS, C4, MON-FRI, 6.30PM



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SWEET TREATS

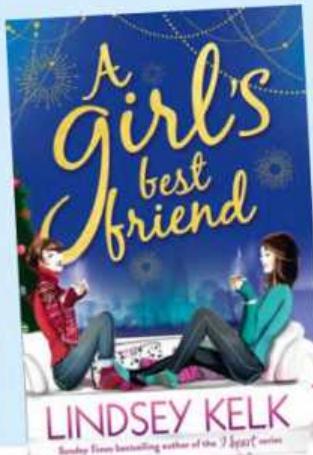
We're indulging our sweet tooth this week – and doing our bit for charity – with this yummy Luxury Salted Caramel Cheesecake from Iceland (£4.99). We're also treating ourselves to these lovely macaroons from baking duo Meringue Girls. Fancy joining us? Check out the scrumptious recipe at reveal.co.uk



A GIRL'S BEST FRIEND

This is another heartfelt and hilarious story from Lindsey Kelk and it had us hooked from the start! Desperate to escape her crazy love life and fledgling career, photographer Tess flees to spend Christmas with her best friend, Amy, who just so happens to live in New York. However, Tess soon realises her problems have travelled with her across the Atlantic... This is one tale you won't want to miss!

£5.59, amazon.co.uk



SUPERRGIRL

Similar to her cousin Superman, Kara Danvers (*Glee* star Melissa Benoist) leads a double life. By day she's a geeky assistant, but at night she whips off her specs, lets down her hair and becomes Supergirl! Fighting crime and sexism, Kara's one badass superhero, and totally rocks the iconic blue catsuit and red cape. Who runs the world? We do!

Sky 1, Saturdays, 5pm



MOSCHINO BARBIE

Moschino is well-known for its Barbie-inspired prints, and now creative director Jeremy Scott has paid homage to his style icon with this collector's edition Moschino Barbie doll, who comes with her very own designer wardrobe! Retailing at £100, she's expensive, so this may be one to put on your Lottery wish list!

Available at net-a-porter.com



THE ULTIMATE BEAUTY BOX

We've fallen head-over-heels for Seventeen's Ultimate Collection box. Filled with face, eye and lip cosmetics, as well as the brushes to apply them, this all-in-one beauty hack from Boots' iconic brand is a must-have. Plus it includes helpful make-up tips, too! What more could a girl want?!

**Boots,
£40**



BUZZ-O-METER

What's hot in the Reveal office this week

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Love it!

EastEnders actress **Emma Barton**, 38, dreams of the Maldives and loves her pet pooch almost as much as pizza...

FAVOURITE... SCENT?

I love candles, and with it coming up to Christmas anything with cinnamon and orange. I love Christmassy smells.

ANIMAL?

Dogs! It's dogs all the way. I love my dog, Poppy (right). If I could, I'd have about five. I love them and I'd love to adopt and rescue as many as I could.



Twitter/@emmabarton

PIECE OF ADVICE?

Remember the people on the way up because you will meet them on the way back down.

BOOK?

I'm terrible for reading books. I'm more for reading magazines, watching TV or going to the theatre. My last favourite book, though, was *One Day* by David Nicholls.

FILM?

That's so hard. I'm a massive *Carry On* fan. So any of those films. But I recently watched *Dirty Dancing* with some friends... it reminded me how wonderful it is. It's such a classic. I could watch it over and over again.



SONG TO GET YOU ON THE DANCEFLOOR?

I'm a massive Madonna fan. I'm going to see her on tour soon, I'm so excited! Or as soon as a bit of *Crazy In Love* by Beyoncé kicks in. Everyone thinks they can do that strut!



OUTFIT?

I love dressing up, but there's nothing like a classic pair of jeans, boots and a white shirt. Nice and simple.

FAVOURITE TIME OF DAY?

I'm quite a morning person, actually. I always feel like I can get a lot done in the morning. In the afternoon, I always try and sneak in a nap if I can.

TAKEAWAY?

I'm a big Italian fan. I love anything Italian... pizza, pasta, anything with a bit of mozzarella and tomato.



FAVOURITE HOLIDAY DESTINATION?

I haven't been there, but I'd love to go to the Maldives. I imagine it's beautiful. Other than that, New York all the way. I love New York.

EastEnders, BBC One, Mon & Fri 8pm, Tue & Thu, 7.30pm

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